



LAPRAAC

SUMMER 2014
www.lapraac.com

CLUB NEWS



THE LAPRAAC STORE

IS OPEN DURING

CONSTRUCTION

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CONSTRUCTION

The Los Angeles Police Revolver and Athletic Club is a private club established more than 80 years ago by Los Angeles Police Officers as a training facility. LAPRAAC, located at the Los Angeles Police Elysian Park Academy, is full of Los Angeles Police Department history and is the social outlet and fitness arm of the LAPD. LAPRAAC is governed by a Board of Directors comprised of sworn police officers elected by the membership.

LAPRAAC Board of Directors

- John Incontro, President (213) 972-2436
- Ruben Holguin, Vice President (213) 486-7220
- Kathy Meek, Treasurer..... (213) 804-9369
- Martee Miyakawa, Secretary (213) 847-4272
- Jeff Bert..... (213) 804-3861
- Tim Colomey (213) 972-2420
- Brenda Crump..... (661) 406-6355
- Steve Estrada..... (213) 972-7958
- Ivan Ramos (213) 972-2420
- Rick Santos (714) 313-0048
- Victor Su’apa’ia..... (805) 368-6659

LAPRAAC operates the LAPRAAC Stores (Westchester and Elysian Park) including the Gift Shop, Gun Shop, and Uniform Shop; Café and Catering Service; and, Rock Garden & Lounge. Its athletic and recreational workout facilities are open 24-hours a day and include: weight room, swimming pool, locker rooms and showers, steam bath, tennis court, racquetball and handball courts, gymnasium and athletic field. LAPRAAC participates in 52 different sports throughout the year, including the Annual United States Police & Fire Championships and the bi-yearly World Police & Fire Games, and sponsors two annual athletic events; Baker to Vegas Challenge Cup Relay; and the Police Memorial Relay Race.

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Email Addresses:

- General Manager: rcrane@lapraac.com
- Retail Operations Manager: drhoades@lapraac.com
- Member Services Coordinator: bginn@lapraac.com

**LAPRAAC Directors
Committee Assignments**

ADMINISTRATIVE
Ruben Holguin, Chair

MEMBERSHIP
Jeff Bert, Chair

FINANCE
Kathy Meek, Chair

ATHLETICS
Martee Miyakawa, Chair

SHOOTING ACTIVITIES
Steve Estrada, Chair

PROJECTS
Tim Colomey, Chair

BY-LAWS
Ivan Ramos, Chair

LEGAL
Jim Katapodis, Chair

FIREARMS AUDIT & COMPLIANCE
Kathy Meek, Chair

BAKER TO VEGAS
Ruben Holguin, Chair

MEMORIAL RUN
Ivan Ramos, chair

GENERAL INFORMATION

Hours

- Gun Shop Mon-Fri 7:30 am - 5:00 pm
- Gift & Uniform Shop Mon-Fri 7:30 am - 5:00 pm
- Admin Office..... Mon-Fri 8:00 am - 4:00 pm
- LAPRAAC West Mon-Fri 11:00 am - 3:00 pm

Important Phone Numbers

- LAPRAAC (Main) (323) 221-5222
- Gun Shop Ext. 206
- Uniform & Gift Shop Ext. 231
- Athletics Ext. 219
- LAPRAAC Westchester (ARTC) (310) 649-5459

Message from the President

John Incontro



The summer began just as the construction at the Academy started. Many things are happening here at LAPRAAC, not only our new store and offices, but the election of new Board members. I want to congratulate Martee Miyakawa on her reelection, Ruben Holguin taking over the Retired position, Kathy Meek's return and to welcome our new Board member Victor Su'apa'ia. With the movement of Ruben Holguin to the Retired position; one year was left remaining for his term of office in his prior position on the Board. With that vacancy your Board has decided to appoint Rick Santos of Training Division to fill the one year term vacated by Ruben. I want to congratulate each and every one of the newly elected Board members.

Leaving the Board after many years is Jim Katapodis, who retired last year from the Department. Jim served on the LAPRAAC Board of Directors for many years. He contributed to our success and always kept the Club as his first priority. He has had and thankfully will have a continuing involvement with the Baker to Vegas Relay Race. His organization of the medical component of the Race and the Rules committee has had a profound effect on the success of the Race. Jim has asked to continue as a volunteer, supporting LAPRAAC and the Challenge Cup Relay. We are happy to have him continue to be part of the team. Also leaving the Board is Pat "Coach" Connelly. Pat came back recently as the retired representative on the LAPRAAC Board. He had been a past President of the LAPRAAC Board and we were excited about his return. During his tenure he was the Membership/Marketing Committee Chair. His ideas, innovations and direction have been of benefit to the Club. Pat would always look to do more for the members and to spread the LAPRAAC name throughout the competitive law enforcement world. I personally want to thank Jim and Pat for their selfless efforts that contributed to LAPRAAC's success. You will both be missed, thank you.

I want to congratulate each and every one of the newly elected Board members. I am looking forward to all of us working as a team during this next year.

The LAPRAAC stores and offices have moved across the street. The store is fully functioning and our office is up and running. Anything you need from the Club or the Store is available. I want to thank our General Manager, Ruben Crane and all of the LAPRAAC staff for an outstanding job moving our operations and setting up in a very short time. The exemplary work by the staff to limit the disruption of service to our members is a testament to their dedication to all of you.

I encourage all of you to come to the store. See what we have for sale, and the service we can provide to you. Our new retail manager, Debbie Rhoades, has done a great job organizing the new store and ensuring we have the products you need to do your job in the field. If there are items you think we should offer or questions please see Debbie.

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ATTENTION MEMBERS: Below are a few things we would like members to keep in mind.

LOST & FOUND: If you think you might have left something behind on the Police Academy grounds we might have it! Stop by the LAPRAAC Admin office between the hours of 8:00 am to 4:00 pm.

OPT-OUT FORM: If you DO NOT WISH to continue receiving the "LAPRAAC Newsletter" via hardcopy but would like to receive it electronically to your email address, please contact us at (323) 221-5222 Ext. 202 or bginn@lapraac.com

MEMBER SERVICES: We are here to serve you. Please feel free to contact us with any questions, comments or ideas! • (323) 221-5222 Ext. 202 or bginn@lapraac.com

Message from the General Manager *Ruben Crane*



Board of Directors Elections Results- In June of every year LAPRAAC holds its annual elections. This year four of the eleven positions were up for grabs. After the final votes were tallied by a third party election company (Martin & Chapman), the results were decided with the positions going to Incumbent Martee Miyakawa & Ruben Holguin and new Directors Kathy Meek, Victor Suapaia. With Ruben Holguin moving to the Retired position, it left his existing Active Duty position vacant for the remainder of his term. The

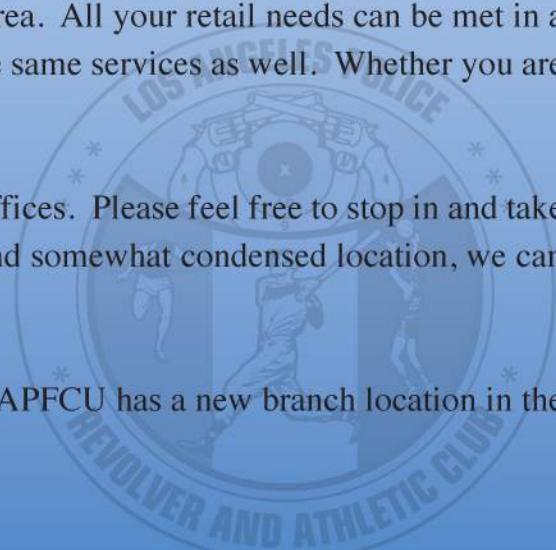
Board has unanimously decided that the remainder of the Active Duty term will be filled by Rick Santos. After the June election and at the next Board meeting, the Directors then nominate and vote on who will be the Officers of the company. With that, I am pleased to announce your Board of Directors for the 2014-2015 year.

- John Incontro.....President
- Ruben Holguin Vice President
- Martee MiyakawaSecretary
- Kathy Meek.....Treasurer
- Jeff Bert..... Director
- Tim Colomey..... Director
- Brenda Crump Director
- Steve Estrada..... Director
- Ivan Ramos Director
- Rick Santos..... Director
- Victor Suapaia..... Director

Construction Update- In preparation for construction we have relocated to our new facilities located in and around the Mark VII (weight room) building. The new store is located in the place of classroom #2. Both the gun store and the gift store have been combined in this area. All your retail needs can be met in a one stop shopping area for your convenience. We still offer all the same services as well. Whether you are looking for tickets, tailoring or store merchandise, we have it all.

Just north of the store are all of our Administrative and Athletic Offices. Please feel free to stop in and take a look around. You will find that even though we are in a new, and somewhat condensed location, we can still meet all your membership needs.

Don't forget to stop by the new LAPFCU location as well. The LAPFCU has a new branch location in the main parking lot of the Academy to serve all your banking needs.



GUN STORE

HOURS:
MONDAY - FRIDAY
7:30 AM TO 5:00 PM
323.221.5222 X-208



LAPRAAC
1880 NORTH ACADEMY DRIVE
LOS ANGELES, CA 90012
LOCATED INSIDE THE ELYSIAN
PARK TRAINING FACILITY



Magpul Magazine 308
(UPC 873750008509)

\$21.49



CAA 10 RD AR Mag
(UPC 814716012758)

\$15.75



Bodyguard (UPC 022188147537)

\$319.99



Smith & Wesson

SW MP 40L (UPC 022188147315)

\$499.99



Smith & Wesson



MP9 Pro
(UPC 022188780109)

\$529.99



Smith & Wesson



\$325.00



42
(UPC 764503910609)



Harris Bipods.com
All our products are 100% made in the USA

(UPC 051156113076)

\$79.99



**LOW
GUARANTEE
PRICE***

\$1110.00



Ultra CDP II
(UPC 669278320571)



GL42
(UPC spetz00059)

\$64.99

NEBO TOOLS

\$9.99

Larry Light 2 (UPC 645397929222)



MP45 Mag
(UPC 022188132755)

\$ 26.99



Smith & Wesson



STREAMLIGHT

Stylist Pro
(UPC 080926661349)

\$ 49.99

LOW PRICE GUARANTEE FOR LAPRAAC MEMBERS*

LAPRAAC CHAMPIONSHIP SOFTBALL TOURNAMENT



LAPRAAC Softball finishes at Dodger Stadium, Southeast and Pacific take it all



The 2014 Los Angeles Police Revolver and Athletic Club sponsored Intra Department Softball season came to a conclusion this past June. The league is run at three different locations during the season and then meets for a week long tournament to decide the winner of two separate leagues.

Red Davis (A flight) and Larry Moore (B flight) were legends in LAPD sports history and due to the range of competition and teams its only fitting that we name our Tournament Champions after these fine Officers. I'm sure both were smiling down as this year the Champion games for both leagues were held on a bright sunny Saturday morning at Dodger Stadium.

Not many people have the opportunity to actually set foot on the playing field at Dodger Stadium, but with the level of competition this year it seemed fitting to end the season at the highest level. Southeast and Mission battled it out for the Red Davis crown with Southeast edging out Mission in a close battle to take the 2014 championship in the A flight. The B flight game featured Wilshire and Pacific, two evenly matched teams. But Pacific proved the better team and beat Wilshire handily to earn the B Flight Championship.

We are already working with Dodger Stadium to host the 2015 Championship games. We are tentatively scheduled to start our Intra Departmental league in early March 2015. Stay tuned for more information and call us with any questions.



TCA Team does it again *Randy Yang*



Congratulations to the LAPRAAC Toughest Competitor Alive team members who competed in the United States Police and Fire Championships this past June in San Diego.

Eight Officers competed in this all day challenge in which Athletes from across the United States compete in a 5k cross country run, shot put, 100 meter run and swim, 20 foot rope climb, bench press pull ups and a obstacle course.

Detective Natalie Plascencia (Juvenile Division) earned the Gold medal and Officer Matthew Castro from Hollenbeck Patrol and his father Sgt 2 Andrew Castro Wilshire also won the Gold in the 50-54 age group. This father and son team earned the silver in the team category. They are the first father son team to ever compete in the TCA. Sgt Brian Owen Central Division finished right behind Castro to take the Silver in the 50-54 age group. Randy Yang (Retired LAPD and LAPRAAC Assistant Athletic Director) won the Gold in the Men's 45-49 age group. Please email me if you are interested in competing in this type of athletic competition.

LAPD WOMEN'S SOFTBALL TEAM MEDAL AT THE 2014 US POLICE & FIRE CHAMPIONSHIPS



LAPD Women's Softball Team wins the bronze at the 2014 US Police and Fire Championships. This is the first time the women's team has brought home a medal from this tournament. Despite missing a couple key players, the new additions to the team stepped up and together the team put up some competitive play. LAPD continues to be the team to beat going into tournament play. The team plans to bring home the Gold from Nevada in August.



SIMPLY BETTER MOBILE

With LAPFCU mobile banking, you can access your accounts wherever you go!

LAPFCU is at your fingertips with convenient free tools such as **Popmoney***, that lets you pay anyone who has a smartphone or email address, **or transfer money—right from your phone!**

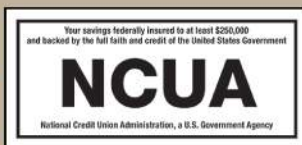
Plus, LAPFCU's mobile banking includes:

- **FREE App** for your phone or tablet**
- **GO-Deposit** – deposit checks using your smartphone camera
- **EZ Locator** – find the nearest branch or ATM

Download the LAPFCU App to your phone or tablet from the Apple Store, Google Play, or Kindle Fire.



If you're always on the go, take LAPFCU with you! To learn more, visit lapfcu.org or call **877-MY-LAPFCU** (877-695-2732).



**LOS ANGELES
POLICE
FEDERAL CREDIT UNION**

LAPRAAC Golf Club Victorious at the 2014 Nevada Police and Fire Games!

Fred Cueto



For the second straight year, the LAPRAAC Golf Club dominated the Nevada Police and Fire Games. The Golf Club took home more medals (6 Team / 4 Individual) than any other department that participated in the four-day golf event.

The LAPRAAC Golf Club was represented by James Antenucci and Estevan Estrada, Damian Gutierrez and Brian Gilman, Fred Cueto and Steve Gomez, Tyler Lee and Dan Randolph, Darrell Van Roy and James Sanchez, Amalia Sanchez and Stephanie Krajchir, John Hernandez and Armando Monarrez, Vikram Walia and Thomas “Rick” Gonzalez, Tom Holzer and Carlos Barrios.

The medal count breakdown was:

Team GOLD (2): John Hernandez and Armando Monarrez / Amalia Sanchez and Stephanie Krajchir.

Team SILVER (3): Darrell Van Roy and James Sanchez / Fred Cueto and Steve Gomez /
Tyler Lee and Dan Randolph

Team BRONZE (1): Tom Holzer and Carlos Barrios

Individual medals included: Stephanie Krajchir (Gold), Darrell Van Roy (Silver), Amalia Sanchez (Bronze) and James Sanchez (Bronze).



Top Gun Shooting at Lopez Canyon Range

Randy Yang



The 6th Annual LAPRAAC Top Gun Shooting event took place this past June at Lopez Canyon Shooting Range. 22 LAPD Teams from across the City challenged themselves and other Divisions in several shooting scenarios. Due to the remodeling at the Police Academy the event changed venues and as a result the dynamics that were previously in place completely altered the event. Bonus and Combat courses of fire were gone and replaced with rapid fire and an additional tactical situation. That coupled with the range being very spectator friendly made this year the best Top Gun to date.

In the Elite Division Metro K-9 captained by Cliff Chu took first place as well as first overall team. The open category was again won by Wilshire Division for the second year in a row. Congratulations to Officer Jheon who has taken charge off this team for the past three years.

This shooting event is sponsored by LAPRAAC and put on by LAPRAAC's shooting teams. Special thanks to LAPRAAC Director Steve Estrada and Officers Chris Yamate and Greg Duran for putting on a great event.

LAPD's Bowling Team "Strike Medals" at the Nevada Police and Fire Games

Detective Carolyn Jones

The bowling team comprised of 14 active/retired sworn LAPD personnel were challenged by a difficult "oil pattern" at this year's Nevada Police and Fire Games. Despite the frustrating lane conditions during the three day tournament, the team dominated the tournament and was awarded 12 Medals (7 Gold, 2 Silver, and 3 Bronze), collectively. Each participant bowled five games daily.

Thanks to the following participants: Mary Culpepper, Frederick Dyle (retired), La Nita Elias, David Gunning (retired), Annette Haynes (retired), Honour Henry, Peter Jack (retired), Carolyn Jones, Heather Kowalczyk, Martin Pinedo, Randal Peterson, Richard Rodriguez (retired), Carl Steel (retired), and Jeffrey Tiffin.

Special thanks to the newbies: Martin Pinedo, who rented bowling shoes and used a "house ball" each day to compete; La Nita Elias, who purchased her own bowling gear and won a Silver Medal for the team event in her division; and Jeffrey Tiffin, who will never forget the challenges he faced with the "fox" oil pattern.

The entire bowling team is commended for their camaraderie, excellence, and professionalism at the games.

Men's "A" Division Team Event – Gold Medal
(Frederick Dyle, Peter Jack, and Richard Rodriguez)

Women's "Open" Division Team Event – Gold Medal
(Mary Culpepper, Annette Haynes, Carolyn Jones, and Heather Kowalczyk)

Men's "B" Division Doubles – Gold Medal
(Frederick Dyle)

Men's "Master" Division All Events – Gold Medal
(Peter Jack)

Women's "Master" Division All Events – Gold Medal
(Heather Kowalczyk)

Women's "Open" Division Doubles – Gold Medal
(Carolyn Jones and Heather Kowalczyk)

Men "Open" Division Singles – Gold Medal
(Randal Peterson)

Men's "Open" Division All Events – Silver Medal
(Randal Peterson)

Women's "A" Team Division – Silver Medal
(La Nita Elias)

Men's "Open" Division All Events – Bronze Medal
(Richard Rodriguez)

Men's "A" Division Team Event – Bronze Medal
(David Gunning, Honour Henry, Randal Peterson, and Carl Steel)

Women's "A" Division Doubles – Bronze Medal
(Mary Culpepper and Annette Haynes)



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Los Angeles Police Revolver & Athletic Club
Post Office Box 861148
Los Angeles, California 90086-1148

(Top Gun Shooting Event. See Page 9)

