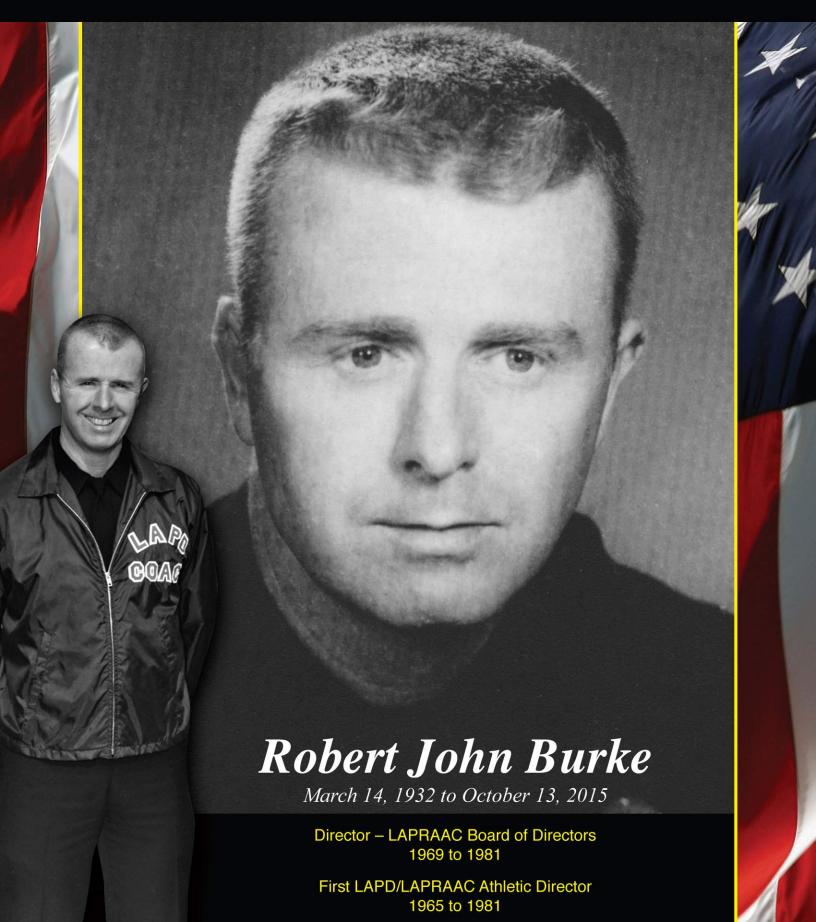


LAPRAAC

CLUB NEWS



The Los Angeles Police Revolver and Athletic Club is a private club established more than 80 years ago by Los Angeles Police Officers as a training facility. LAPRAAC, located at the Los Angeles Police Elysian Park Academy, is full of Los Angeles Police Department history and is the social outlet and fitness arm of the LAPD. LAPRAAC is governed by a Board of Directors comprised of sworn police officers elected by the membership.

LAPRAAC Board of Directors

John Incontro, President(213) 972-2436
Martee Miyakawa, Vice President (213) 847-4272
Kathy Meek, Treasurer(213) 804-9369
Victor Su'apa'ia, Secretary(805) 368-6659
Jeff Bert(213) 804-3861
Brenda Crump(661) 406-6355
Steve Estrada(213) 972-7958
Ruben Holguin(213) 486-7220
Ivan Ramos(213) 972-2420
Rick Santos(714) 313-0048
Kristina Tudor(760) 662-3948

LAPRAAC operates the LAPRAAC Stores (Westchester and Elysian Park) including the Gift Shop, Gun Shop, and Uniform Shop; Café and Catering Service; and, Rock Garden & Lounge. Its athletic and recreational workout facilities are open 24-hours a day and include: weight room, swimming pool, locker rooms and showers, steam bath, tennis court, racquetball and handball courts, gymnasium and athletic field. LAPRAAC participates in 52 different sports throughout the year, including the Annual United States Police & Fire Championships and the bi-yearly World Police & Fire Games, and sponsors two annual athletic events; Baker to Vegas Challenge Cup Relay; and the Police Memorial Relay Race.

LAPRAAC Club News is published by the Los Angeles Police Revolver and Athletic Club. All rights reserved.

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Retail Operations Manager: drhoades@lapraac.com

Member Services Coordinator: bginn@lapraac.com

Athletic Director: droman@lapraac.com

LAPRAAC Directors Committee Assignments

ADMINISTRATIVE

Martee Miyakawa, Chair

MEMBERSHIP

Victor Su'apa'ia, Chair

FINANCE

Kathy Meek, Chair

ATHLETICS

Ruben Holguin, Chair

SHOOTING ACTIVITIES

Steve Estrada, Chair

PROJECTS

Jeff Bert, Chair

BY-LAWS

Ivan Ramos, Chair

LEGAL

Rick Santos, Chair

FIREARMS AUDIT & COMPLIANCE

Steve Estrada, Chair

BAKER TO VEGAS

Ruben Holguin, Chair

GENERAL INFORMATION

Hours Gun Shop Mon-Fri 7:30 am - 5:00 pm Gift & Uniform Shop Mon-Fri 7:30 am - 5:00 pm LAPRAAC West Mon-Fri 11:00 am - 3:00 pm **Important Phone Numbers** LAPRAAC (Main)(323) 221-5222

Uniform & Gift ShopExt. 231 Athletics Ext. 228 LAPRAAC Westchester (ARTC) (310) 649-5459

Gun ShopExt. 206

LAPRAAC CLUB NEWS · FALL 2015

Message from the President John Incontro



I want to begin this message on a somber note. As I was beginning to write my article for the newsletter I was informed of the passing of a LAPRAAC and LAPD legend, mentor and tough cop, Bob Burke. Bob passed away on October 13, 2015 with many of his family with him. Bob had done so much for the Department and LAPRAAC that I wanted to begin this letter talking about him. Bob joined the LAPD as part of the 2-1956 Class, he was a Firearms instructor and one of the SWAT Pioneers, a truly rare breed that as a SWAT cop I have the utmost respect and admiration for that outstanding group. In both of those and other assignments, Bob achieved many things as a police officer but his greatest contribution came from his role as a LAPRAAC member.

Bob was the first Athletic Director; this was at a time that the Department had a full-time sworn officer working with LAPRAAC coordinating all of our athletic programs. It was through his extraordinary efforts that our running programs were born. From the first cross country team to the many relay events in the United States and Canada. Bob was a long time member of the LAPRAAC Board of Directors, including multiple terms as the President. He, along with others, participated and ensured that the California Police Olympics have continued as an opportunity for officers to compete at a higher level. He competed in running events and powerlifting, and Set records and earned many medals during his athletic career. He was not only a competitor, but he raised money, sought funding and sponsors to keep the programs going. For those of you that are involved in that you know how hard it can be to ask for money that sustains important programs.

Most of all Bob was a gentleman, always ready to help, offer advice and mentor others. He was generous in his support to LAPRAAC and D Platoon. He truly cared about his fellow officers and as one of his friends noted, "He was a true warrior and gentleman." I speak for the entire Board of Directors and extend our deepest sympathy to his wife Suzi and the Burke family.

The Board of Directors are working toward the possible spring or fall completion of construction of the Academy. Even though the construction will be completed many things must occur before the facility can be occupied. We are working with the City to ensure we are prepared to move into the building and open the cafe. We will tell all of our members when that time comes and when we can begin our catering service for all of your special events. As part of our plans we have begun planning to build a new structure where the current LAPRAAC offices and support units are located. This new building will be a two story facility housing the store, offices and a meeting room available to our members. This building will enable LAPRAAC to expand and be prepared for the future. As more is developed and plans come together we will update and solicit ideas to best utilize our facilities.

To those of you competing in the 32nd Baker to Vegas Challenge Cup Relay good luck training and I will see you at the race.

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ATTENTION MEMBERS: Below are a few things we would like members to keep in mind.

LOST & FOUND: If you think you might have left something behind on the Police Academy grounds we might have it! Stop by the LAPRAAC Admin office between the hours of 8:00 am to 4:00 pm

OPT-OUT FORM: If you DO NOT WISH to continue receiving the "LAPRAAC Newsletter" via hardcopy but would like to receive it electronically to your email address, please contact us at (323) 221-5222 Ext. 202 or bginn@lapraac.com

MEMBER SERVICES: We are here to serve you. Please feel free to contact us with any questions, comments or ideas! • (323) 221-5222 Ext. 202 or bginn@lapraac.com

LAPD MERCHANDISE: Shop online: www.thelapara.com

LAPRAAC CLUB NEWS · FALL 2015

Message from the General Manager Ruben Crane



It is hard to believe that another year is almost over. 2015 was here and gone in a blink of an eye. Before you know it we will be starting 2016 and then tax time will be upon us. Preparing for our taxes is never a fun task, but at LAPRAAC we can make it a bit easier. For all members, we are able to easily pull all your purchases you made at any of our stores throughout the year. You will receive a clean and itemized list of purchases to provide to your tax preparer for their review. In many cases, the items you purchase for on duty use can be used as a tax deduction. So make it easy on yourself, don't just try to find all those little receipts from throughout the year, have the confidence and security knowing that all of your LAPRAAC purchases are accounted for. This is just one more benefit of being a LAPRAAC Member.

If you would like to receive your itemized purchases, please contact Marie Hernandez in the LAPRAAC Administrative offices for a printout. She can be reached at 323-221-5222 x223 or by e-mail at mhernandez@lapraac.com.

Not a LAPRAAC member? It is not too late to sign up. We will start keeping track of all future purchases for you as well. All active duty LAPD officers are eligible. Please contact Barbara Ginn at 323-221-5222 x202 or bginn@lapraac.com.

Seventh Annual Top Gun Team Challenge



On October 24, 2015, LAPRAAC hosted its Seventh Top Gun Challenge at Lopez Canyon. 12 teams of four shooters competed in two categories for the honor of being the Top Guns on LAPD. Six teams competed in the Open Division (excludes Metro, shooting instructors, HITS & SITS, and competitive shooters) and the other six teams were in the Elite Division, made up of the excluded open shooters. In the end the team with the most points wins.

Generous donations from sponsors, which included firearms from Ruger, made the event very exciting. Additional prizes came from Danner, Bates, Ted Blocker, 5.11, M-Pro 7, Winchester, Spetz Gear, StreamLight, Blade Tech, and Sticky Holster. The generosity of our sponsor's made it possible for many of the contestants to win prizes. This generosity is greatly appreciated, so please remember them when making your purchases.

The Open Division was very close again this year with the top teams separated by only 8.94 points. In the Open Division, the team from Mission took third place with a score of 111.32 points. In second place with a score of 125.76 points was the Van Nuys #2 team. And in first place beating Van Nuys #2 by a mere 8.94 points was the Olympic team (Names of shooters). Each team member of the 1st Place team in the Open Division won a Ruger Pistol.

This year in the Elite Division the Metro Mixed team, with a score of 142.63, was crowned the new champions. Each member of this team also won a Ruger Pistol. The Metro G Team placed second with a score of 85.90 and coming in third was the team from southeast with a score of 74.11.

Congratulations to our winners and remember the Eight Annual Top Gun Team Challenge is less than a year away and it is never too early to start planning.

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This Holiday Season, Give a Gift That Lasts a Lifetime... LAPFCU MEMBERSHIP

Refer a qualified family member or co-worker¹ to Los Angeles Police Federal Credit Union before December 31 because you both get a great gift!

- You'll get \$50² when your referee becomes an LAPFCU member
- Your family member or co-worker get \$100³ when they join and open a checking account with monthly direct deposit (minimum of \$250) and opt into e-Statements and e-Disclosures

To make a referral, stop by any branch, visit **lapfcu.org** or call **877-MY-LAPFCU** (877-695-2732) for more details.

'Membership charter includes active and retired, sworn and civilian employees who work within the local police protection industry in Los Angeles County and their immediate families. Immediate family is defined as: spouse, domestic partner, child, sibling, parent, grandparent, grandparent, grandparent, step-sibling, adopted child, legal guardianships: Domestic partnership eligibility is limited to a member's domestic partner, as defined in LAPFCU's Affidavit of Domestic Partnership; legal guardianship is defined by a court order. *The referring LAPFCU member must be 18 years or older and must refer a qualified member 18 or older to earn \$50 deposit when the referee joins LAPFCU. \$50 deposit will be made to the referring member's S1 Share Savings Account within 60 days of the referral ew member must be 18 or older and open up a membership with a checking account, sign up for a minimum monthly direct deposit or ACH credit of \$250 or more, and opt-in to e-Statements and e-Disclosures, before the end of six months from membership opening, in order to reactive \$100. The \$100 deposit will be made to his or her S1 Share Savings Account within 60 days once the six month period has ended. The \$100 bonus is considered dividends and will be reported on IRS Form 1099-INT. Restrictions apply; ask for details. 1015-23











Robert John Burke

March 14, 1932 to October 13, 2015

It is with great sadness that we announce the passing of retired LAPRAAC Director Robert "Bob" Burke on October 13, 2015. He was 83. Bob was the LAPD/LAPRAAC's first Athletic Director, a position he created.

Bob was born in Seattle, Washington on March 14, 1932. He became a Los Angeles Police Officer in February 1956 and retired after 25 years of service in 1981. In the formative years of the LAPD/LAPRAAC sports program it was Bob Burke who was there to guide it. As LAPD's first Athletic Director, Burke led the program, sometimes "begging for money" (as he put it), to make it the world leader in police athletics.

Burke was the impetus behind the massive expansion of sports in the late 1960s. Although there had been a fledgling program before he became Athletic Director, his devotion and lobbying paved the way for the program to receive official Department recognition, one only needs to look at the Department Manual today to see his work.

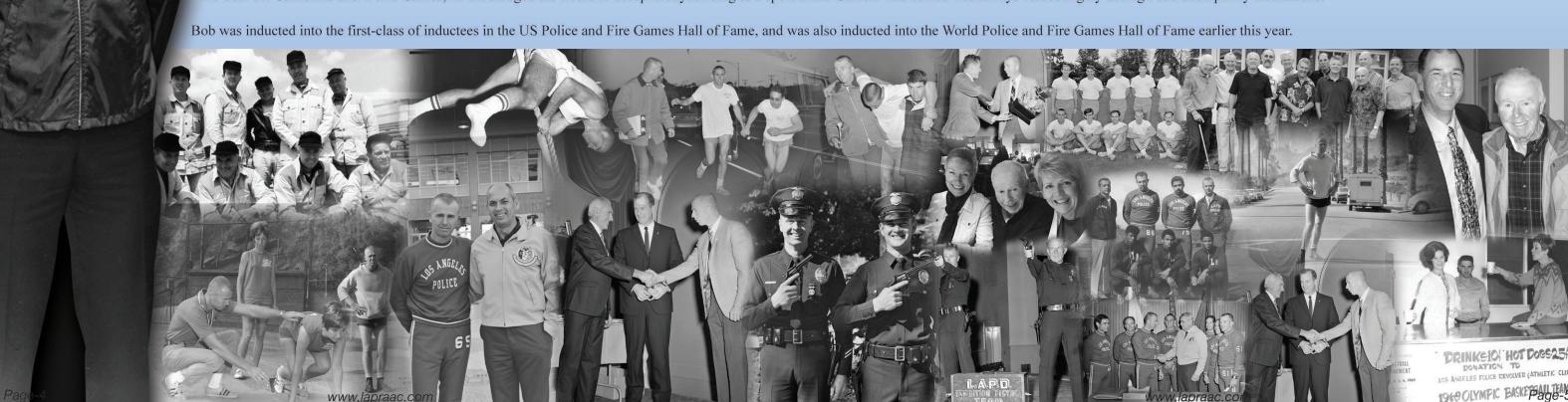
"I always felt that athletics would be a great release for officers," he said. "Not only does it keep us in shape, but it's a great relief for stress."

Along with Toby Medina in 1965, he created the first long distance relay team. Years later, this team provided the publicity which enabled Burke to obtain better financing for the sports program. For six years, the team set records for long distance relays. Starting in 1970, the LAPRAAC Cross Country Team hit the nation's roads, setting records that still stand to this day. The team participated in the San Pedro to San Diego Cross-Country Relay competing against LASD; LA to San Francisco – LAPD versus SFPD- a grueling race that followed Highway 33 for most of the way; a 1,000 Mile Relay - in an effort to break the AAU record for a long distance relay, LAPRAAC and Compton PD runners set out on February 16, 1971, (one week after the earthquake) on a 1,012 mile relay from Compton City Hall to San Leandro, and back to Los Angeles City Hall; Tijuana to Vancouver, in 1972 the team set the world's record for a long distance relay, running 2,002 miles from Tijuana, Mexico to Vancouver, Canada, in 10 days, 12 hours, 53 minutes; Washington DC to Los Angeles – starting in Washington DC, the runners set a world's mark by taking only 20 days, 6 hours, 45 minutes to run the 3,871 miles home to Los Angeles; and the team's quest to run the furthest culminated in 1976 with a 3,838 mile trek from Los Angeles to Montreal in celebration of America's bicentennial. The team left the Los Angeles Coliseum on June 18, 1976, ran for 19 days, 19 hours, and 14 minutes, arriving July 4th after averaging 200 miles per day.

Bob was a noted pistol shooter, marksman, powerlifter, and eventually a noted runner. Burke was named LAPRAAC Sportsman of the Year in 1971 and was inducted into the LAPRAAC Hall of Fame upon his retirement in 1981.

Also in 1965 he, along with Duke Nyhus and a handful of other Police Officers, founded the California Police Olympics. Two years later the first California Police Olympics were held in San Diego. Bob was responsible for putting together the largest team to compete in the 1967 Police Olympics. From this initial organization, The California Police Athletic Federation was formed and incorporated as a non-profit corporation in 1970. Bob served as Federation Director for 38 years, retiring in 2004. He has been responsible for overseeing the sports of Biathlon, Bench Press, Push-Pull, and Bodybuilding. Bob also served as Federation Treasurer for over 30 years.

While never seeking the spotlight, Bob was always quietly a mover and shaker for new and innovative sports programs. He was the driving force behind the founding of the World Police and Fire Games; he instituted the Biathlon into both the California and World Games; he encouraged the Board to accept Bodybuilding as a sport in the Games. His advice was always valued highly during Federation policy discussions.



LAPD TRAP & SKEET TEAM - SCORES AGAIN IN 2015 **Jimmy L. Trahin**



It was another good year for the LAPD Shotgun Squad after a marathon competition in both the Nevada & U.S. Games. The top gun team consisted of: Harry Davis, Greg Dewitt, Bobby Lutz, Dave Herrick, and yours truly, Jimmy Trahin. The team went through thousands of 12 ga shotshells and months of practice in preparation for the two games & it paid off big time.

It was hot and windy in Vegas but that didn't deter the team one bit. The squad took the team gold medal in 16 yd and Trap Doubles. They were also the Silver Team Champions in 28 ga skeet and the bronze winners in the remaining four events. Silver individual medals went to Dewitt in Skeet Doubles and Trahin in the 16 yd, as well as in Trap Doubles. Lutz captured a bronze medal in Sporting Clays.

There was definitely some heavy competition at the U.S. Games in Redlands, so the team had to really focus. After the smoke cleared, the squad managed to win four bronze team medals in the 16 yd Trap, Doubles Trap, Skeet, and Doubles Skeet. Individual medals went to Dewitt, who captured a silver medal in Sporting Clays and a bronze in the 16 yd Trap. Herrick grabbed the silver in doubles skeet.

We're confident that next year will bring us more victories because, "If you love your shotgun, it will love you"!

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LAPRAAC CLUB NEWS · FALL 2015

LAPD Women's Basketball Celina Robles



The Women's Basketball team represented the LAPD very well this year, as they finished a very successful 2015 campaign. The women's team proudly won Gold in both the 2015 Las Vegas Police and Fire Games 5X5 and the 3x3 Basketball Tournaments. During the 2015 World Police Games, the team competed against many top competitors throughout the United States, as well as battling some skilled opponents from all over the globe, such as: Hong Kong, China; Surete du Quebec; Montreal, Canada; and Australia. The LAPD Women's Team battled hard and played with heart, while keeping the intensity up from the first whistle, until the last buzzer. All of their hard work paid off as they proudly won the Silver medal.

Congratulations go out to the 2015 LAPD Women's Basketball Team for all of their success and accomplishments this past season! Great job, ladies! Team members include: Celina Robles, Brenda Crump, Leslee Rogers, Meghan Maxwell, Monica Tokoro, Kim Gipson, Mayra Villafana, Brittany Morris, Rachel Evans, Jill Calhoun, Tracy Wolfe, Erica Spence, LaKia Phillips, and Dee Braxton.

The Women's team is currently participating in the 2015-16 Intradepartmental Basketball season, where the squad participated in their first game on October 15th. If you are interested in joining the team and representing the LAPD Women's Basketball program, please contact Team Captains Celina Robles: 38064@lapd.lacity.org and Monica Tokoro: 38411@lapd.lacity.org

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To Participate In The LAPRAAC Quarterly Drawing Fill Out This Coupon, Bring It To Any One Of The LAPRAAC Retail Stores (Gun Shop, Gift/Uniform Shop or LAPRAAC West) And Give It To One Of Our Friendly Staff Members.

(Must Be A LAPRAAC Member To Win—One Coupon Per Member)

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LAPRAAC CLUB NEWS

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