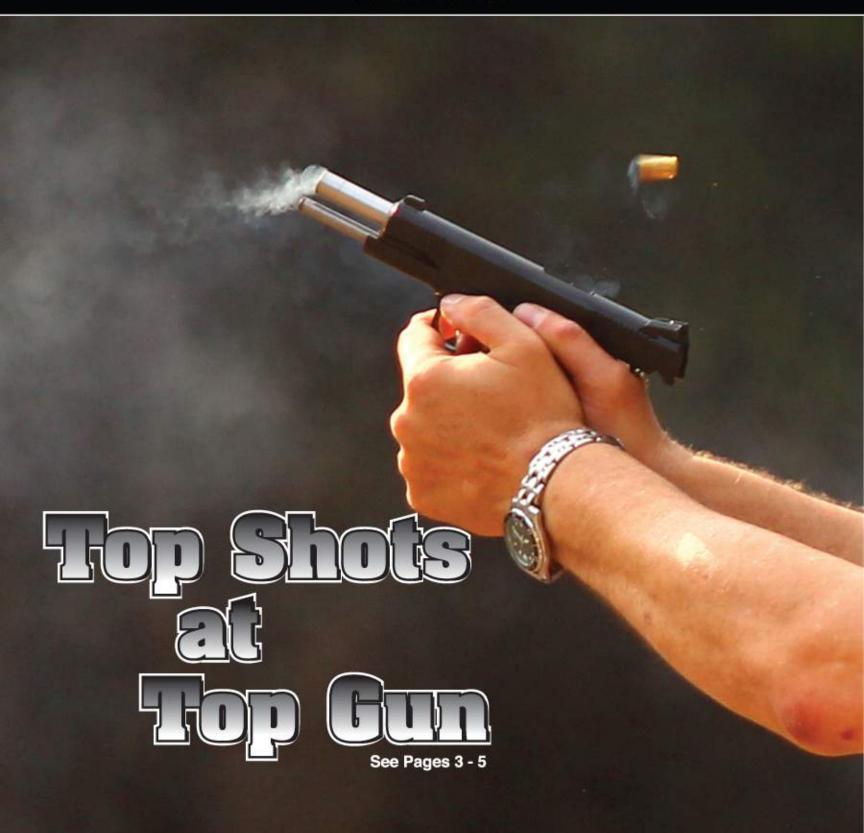


LAPRAAC

CLUB NEWS



The Los Angeles Police Revolver and Athletic Club is a private club established more than 75 years ago by Los Angeles Police Officers as a training facility. LAPRAAC, located at the Los Angeles Police Elysian Park Academy, is full of Los Angeles Police Department history and is the social outlet and fitness arm of the LAPD. LAPRAAC is governed by a Board of Directors comprised of sworn police officers elected by the membership.

LAPRAAC Board of Directors

John Incontro, President	(213) 972-2436
Ruben Holguin, Vice President	(213) 486-7220
Brenda Crump, Treasurer	(213) 840-0206
Jim Katapodis, Secretary	(714) 308-7376
Pat Connelly	(818) 231-1138
Steve Estrada	(213) 972-7958
Tim Colomey	
Martee Miyakawa	(213) 847-4272
Ivan Ramos	
Danny Roman	(626) 922-5150
Jeff Bert	(213) 804-3861
Ruben Crane, General Manager	(323) 221-5222 x204

LAPRAAC operates the LAPRAAC Stores (Westchester and Elysian Park) including the Gift Shop, Gun Shop, and Uniform Shop; Café and Catering Service; and, Rock Garden & Lounge. Its athletic and recreational workout facilities are open 24-hours a day and include: weight room, swimming pool, locker rooms and showers, steam bath, tennis court, racquetball and handball courts, gymnasium and athletic field. LAPRAAC participates in 52 different sports throughout the year, including the Annual United States Police & Fire Championships and the bi-yearly World Police & Fire Games, and sponsors two annual athletic events; Baker to Vegas Challenge Cup Relay; and the Police Memorial Relay Race.

LAPRAAC Club News is published by the Los Angeles Police Revolver and Athletic Club. All rights reserved.

E-mail Addresses:

General Manager: rcrane@lapraac.com

Retail Operations Manager: bginn@lapraac.com

Gift Shop: dmonroe@lapraac.com

Catering Coordinator: salas-melanie@aramark.com

Gun Store: tstuckey@lapraac.com

LAPRAAC Directors Committee Assignments

ADMINISTRATIVE

Ruben Holguin, Chair

MEMBERSHIP

Pat Connelly, Chair

FINANCE

Brenda Crump, Chair

ATHLETICS

Danny Roman, Co-Chair Martee Miyakawa, Co-Chair

SHOOTING ACTIVITIES

Steve Estrada, Chair

PROJECTS

Tim Colomey, Chair

BY-LAWS

Jim Katapodis, Chair

LEGAL

Jim Katapodis, Chair

FIREARMS AUDIT & COMPLIANCE

Martee Miyakawa, Chair

BAKER TO VEGAS

Ruben Holguin, Co-Chair Jim Katapodis, Co-Chair

MEMORIAL RUN

Tim Colomey, Chair

GENERAL INFORMATION

Hours Gun Shop Mon-Fri 7:30 am - 5:00 pm Gift & Uniform Shop Mon-Fri 7:30 am - 5:00 pm Cafe Mon-Fri 6:00 am - 2:00 pm Admin Office Mon-Fri 8:00 am - 4:00 pm LAPRAAC West Mon-Fri 11:00 am - 3:00 pm Important Phone Numbers LAPRAAC (Main) (323) 221-5222 Gun Shop Ext. 206 Uniform & Gift Shop Ext. 231 Cafe Ext. 214 Athletics Ext. 219 Event Planning Ext. 230 LAPRAAC Westchester (ARTC) 310-649-5459

Message from the President John Incontro

As your new LAPRAAC President I would like to first thank you, the membership, for your support of me in the recent election. I would also thank our Board for their selection of me as the new President. I take this honor seriously and with the confidence of the Board, we will continue to act as a team to provide you with the best leadership for LAPRAAC. In the coming year we have the major challenge of dealing with the renovation of the Academy and the 30th Anniversary of the Baker to Vegas Relay March 22 and 23, 2014.

Thank you to Ruben Holguin for his service as our past President. Ruben will continue on the Board as our Vice President. His leadership, direction and vision has been extremely beneficial to all of us these past several years. His continued service to the Board will be a benefit to all.

Throughout this past year I have received several complaints about our customer service and the availability of products to our membership. Through the Administrative Committee we will work with our General Manager, Ruben Crane and the managers of the Uniform and Gift Shop along with the Gun Shop to develop new polices and procedures that will provide you with the best customer service. The committee will work with those managers to develop methods to ensure we have the products you need for work. Our goal is to be your one stop shop for anything you need for your uniform, from buttons, uniforms or firearms and accessories. If we do not have it on hand you will know when it will be in and available. This change will not happen tomorrow but it will happen soon.

A major concern for this Board is the renovation of the Academy. The closure for the construction will have a significant impact on our operations and the ability to serve you. The weight room will be open and we are working on providing a variety of services for our members.

Construction is expected to begin April 2014 and all LAPRAAC operations are expected to move to Classroom #2, #3, #4, #5 & #6 located in the West Parking area. All of our retail operations and athletic events will continue during the two-year construction process. However the gym, cafe and the pool will be closed along with the main building. As we become aware of additional information about the construction process, closures and other operations at the Academy we will place that information on the LAPRAAC website, www.lapraac.com.

In this newsletter you will see the names of your Board members, our committee assignments and an email address to contact your Board with questions, complaints and praise. I am excited about this new challenge and the opportunity to serve you on the LAPRAAC Board. I hope all of you have a safe and fun summer. Above all, be safe out there.

INSIDE THIS ISSUE ATTENTION MEMBERS: Below are a few things we would like members to keep in mind.

General Manager's Message2 Cover Story.....3 - 5

Sports News 6 & 7

President's Message1

LOST & FOUND: If you think you might have left something behind on the Police Academy grounds we might have it! Stop by the LAPRAAC Admin office between the hours of 8:00 am to 4:00 pm

OPT-OUT FORM: If you DO NOT WISH to continue receiving the "LAPRAAC Newsletter" via hardcopy but would like to receive it electronically to your email address, please contact us at (323) 221-5222 Ext. 202 or rcrane@lapraac.com

SWIMMING POOL, BASKETBALL GYM, RACQUETBALL COURTS AND WEIGHT ROOM: LAPRAAC members can bring up to five guests and must be present at all times!.

MEMBER SERVICES: We are here to serve you. Please feel free to contact us with any questions, comments or ideas! • (323) 221-5222 Ext. 202 or rcrane@lapraac.com

www.lapraac.com

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Message from the General Manager Ruben Crane



Board of Directors Elections Results- In June of every year LAPRAAC holds its annual elections. This year four of the eleven positions were up for grabs. After the final votes were tallied by a third party election company (Martin & Chapman), the results were decided with the positions going to Incumbent John Incontro, Incumbent Ivan Ramos, Incumbent Brenda Crump and new Director Jeff Bert. After the June election and at the next Board meeting, the Directors then nominate and vote on who will be the Officers of the company. With that, I am pleased to announce your Boards of Directors for the 2013-2014 fiscal year.

John Incontro –	President	jincontro@lapraac.com
Ruben Holguin -	Vice President	rholguin@lapraac.com
Jim Katapodis -	Secretary	jkatapodis@lapraac.com
Brenda Crump -	Treasurer	bcrump@lapraac.com
Danny Roman -	Director	droman@lapraac.com
Steve Estrada -	Director	sestrada@lapraac.com
Ivan Ramos -	Director	iramos@lapraac.com
Martee Miyakawa -	Director	mmiyakawa@lapraac.com
Pat Connelly -	Director	pconnelly@lapraac.com
Jeff Bert -	Director	jbert@lapraac.com
Tim Colomey -	Director	tcolomey@lapraac.com

Jumping Right In – John Incontro wasted no time in his new position as President. John has already set out expectations for the Board and the Management team here at LAPRAAC. With his eye on increased customer service you will no doubt see quick attention to detail and superior product offerings & service whether shopping the stores or using any of the LAPRAAC facilities or athletic programs. To set this in motion John quickly and strategically drew up this year's Board of Director Committees. Below you will find the 2013/2014 Board of Director Committee assignments.

Administrative Committee

Chair – Holguin Miyakawa Roman

Finance and Audit Committee

Chair – Crump (as required by the Bylaws) Katapodis Roman

Police Memorial Run (Sub-Committee)

Chair - Colomey Bert Connelly

Shooting Activities Committee

Chair - Estrada Ramos Colomey

Legal Committee

Chair – Katapodis Estrada Incontro

The Firearms Audit & Compliance Committee

Chair – Miyakawa Incontro Estrada

Membership/Marketing Committee

Chair – Connelly Bert Ramos

Athletic Committee

Co-Chair - Roman Co-Chair - Miyakawa Crump

Holguin Estrada Connelly Colomey

Projects Committee

Chair - Colomey Bert Crump

Bylaws Committee

Chair – Katapodis Connelly Crump

Baker To Vegas

Co-Chair -Holguin Co-Chair - Katapodis Roman Estrada Incontro Connelly

Athletics – Our athletic department continues to move the notch up and manage better, smoother and more efficient events. Whether it is improved league management, new and fun events or team and league financing, we continue to strive to improve each year. As a key component to LAPRAAC, budgeting and financial reimbursements for athletic participation is at the heart of this Club. In our continued efforts to improve, we have increased team and intra-departmental funding once again. In fact our budget for this year is just over \$356,000. That is more than \$31,000 than last year. This isn't overhead dollars, every dollar of that is to go to teams, intra-departmental sports and special events. LAPRAAC proudly supports everyone who participates in the teams and departmental sports and looks forward to another exciting year. I encourage anyone who is currently not part of a team to join one today.

Construction Update – With the upcoming construction drawing closer we know that you have lots of questions about the academy and what will be impacted. To help keep you informed we have created a link from our website, www.lapraac.com. This link will direct you to our Face Book notes page which is dedicated to providing you the most current information that we have. Please remember to check back often as things sometimes move quickly or change as the project takes shape.

Top Gun 2013 Tom Jones

This was the fifth edition of LAPRAAC's Top Gun Team Challenge and it was by far and away our best. This was the second year in a row that the event sold out. Our facility can only handle thirty teams to successfully complete our goal of shooting the event, scoring the event and awarding the prizes all in the same day. This is a unique situation as many competitive shooters will tell you that they shoot an event and do not find out where they placed or what they have won for several days.

This year the shooter's shot four courses of fire, Bonus for a score, Combat for a score (ring scored), and two tactical ranges that were team events that were scored by the time it took the team to complete the run plus the penalty points for missed targets. This has been the standard for the past four years. This year due to the generosity of Extreme Airsoft there was a fifth stage that was not scored as part of the Top Gun, but provided an additional challenge for the teams. It is not just shooting that factors into a winning score it is selecting reliable team mates, Pacific who had high hopes at the beginning of the competition had one member of the team not able to compete the day of and they scrambled to get a fourth team mate to finish off their team. He arrived late, but allowed Pacific to finish the competition.

To keep the competition fair there are two categories, Open for those officers who are not competitive shooters and Elite, where Metro, Training Division Shooting instructors, Hits & Sits qualified officers are allowed to participate. Just one SITS officer on your team and you are now elite.

Each of the winning teams earned pistols as their prizes for winning their respective categories as did the second place team in the open category. The open category was won by Olympic Area who were awarded Berretta Nano 9mm pistols followed by Southeast who earned Ruger 380 pistols. The Elite division was won by Metro who received Sig Sauer P250 9mm pistols. Thanks to the generosity of our sponsors every team received eyes and ears on top of the T shirt and meal provided as part of the entry. Even better 29 of the thirty teams received an additional prize donated by our generous sponsors. The prizes were awarded after the steak dinner was served in the Daryl F. Gates Lounge.

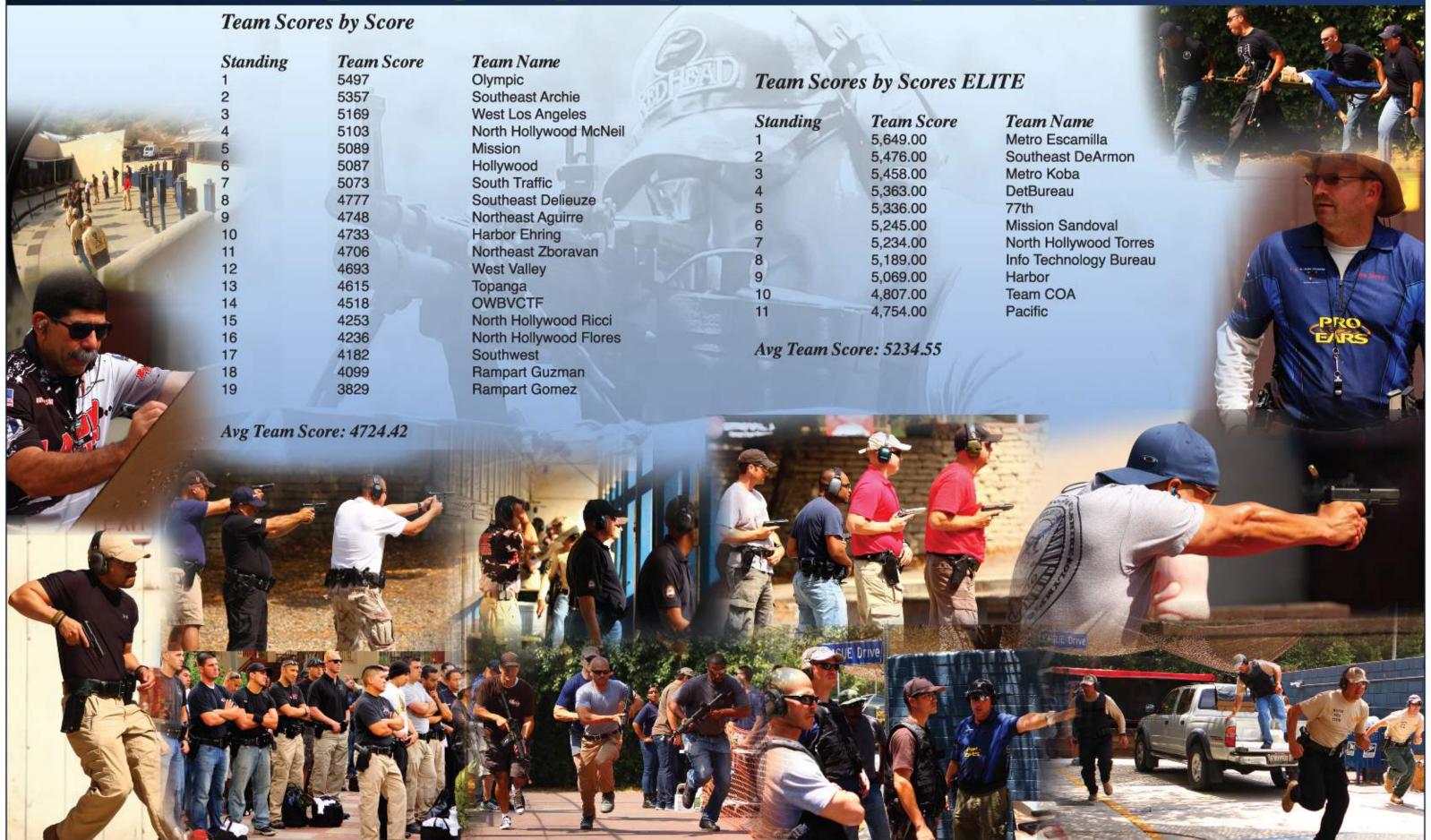
Although we do not award for individual scoring as part of the competition, LAPRAAC does recognize that certain officers put together great rounds on the two static ranges (Bonus and Combat). In the Open category the top Bonus score was 392 recorded by Anthony Cabriales, Allen Cheng, and Eduardo Ruvalcaba. Best Combat scores in the Open Category was again a 3 way tie at 297, Howard Choy, Young Jheon, and Greg Atteberry. The top Open shot was Anthony Cabriales with a total of 687. In the Elite Category Eric Bixler was the man posting a 397 on Bonus and shooting a perfect 300 on Combat for a total of 697. Sergeant Lee McMillan from Metro also shot a perfect 300 on the combat range. Great job by everyone.

Earlier it was mentioned that there was an additional stage put on by Extreme Airsoft. Southeast Elite who came in second in the Top Gun competition won the airsoft segment and were awarded \$30.00 LAPRAAC gift cards.

LAPRAAC encourages those who have thought about competing to join in next year. Entries are limited to one per division up to a deadline date and then the competition becomes a first come first serve entry. This year multiple teams entered from North Hollywood, three, Southeast, three, Northeast, two, Mission, two, Rampart, two, and Metro, two. Eight spots were available for areas and divisions that were not represented this year.

LAPRAAC recognizes its sponsors who make this event possible through their generous donation of quality prizes, Berretta, Sig Sauer, Ruger, Skirt Training pistols, Shellback Tactical, Winchester, Danner, Blackhawk, Ted Blocker holsters, Bates boots, 5-11, Bladetech knives, Surefire, EOtech, Promag, Smith and Wesson knives, Flashbang enterprises, Bayco, Truspec, Ultra-sonic, Coast knives, Extreme beam flashlights, Gear Keeper, Bolle, and Boston Leather. Remember these sponsors who support LAPRAAC as you purchase your duty gear.

TOP SHOTS AT TOP GUN



2013 US Police and Fire Games Cycling

It was a great week for the LAPRAAC Cycling Team at the 2013 United States Police & Fire Championships coming home with a total of 20 medals. Several new riders displayed their cycling skills and joined in on camaraderie between the firefighters and law enforcement officers down in San Diego. The racing was challenging, leaving a few surprised riders on how competitive the events were. The road cycling format included a timed hill climb of approximately 2.7 miles, a forty-five minute criterium, a ten mile time trial, three individual sprint races along a 500 meter course, and a thirty mile road race with 3000 feet of climbing. An individual stage race category known as the Omnium was determined through a combined point system of each event. After the road cycling champions were crowned, the next day was settled on the track. A few intrigued riders who had never experienced the banking corners of the Velodrome learned how to make high speed turns around the oval. On the seventh day, the USPFC cycling gurus created mountain bike racing. The cross-country course consisted of twenty miles of steep climbs and 40+ mph descents at the Black Mountain Ranch. Overall it was a great time as our racers brought out their expensive bikes, family, friends, and camping rigs for a well-organized, worthwhile event for our public safety officers.

Hill Climb:

Allison Ashnault – 1st place, Gold Glen Hees – 1st place, Gold Andy Vergara – 4th place

Criterium:

Allison Ashnault –1st place, Gold Glen Hees – 2nd place, Silver Trevor Silvera – 2nd place, Silver Andy Vergara – 6th place

Time Trial:

Allison Ashnault – 1st place, Gold Ingrid Braun – 1st place, Gold Mike Braun – 4th place Glen Hees – 2nd place, Silver Andy Vergara – 5th place

Velodrome:

Glen Hees – 1st place, Gold, 500m Glen Hees – 1st place, Gold, 2000m Sprints:

Allison Ashnault – 1st place, Gold Glen Hees – 2nd place, Silver Andy Vergara – 1st place, Gold

Road Race:

Allison Ashault – 1st place, Gold Ingrid Braun – 1st place, Gold Mike Braun – 4th place Glen Hees – 1st place, Gold Mark Hernandez – 5th place Andy Vergara – 4th place

Omnium:

Allison Ashault – 1st place, Gold Glen Hees – 2nd place, Silver Andy Vergara – 3rd place, Bronze

Mountain Bike Cross-Country: Andy Vergara – 2nd place, Silver

Powerlifting/Bench Press Team

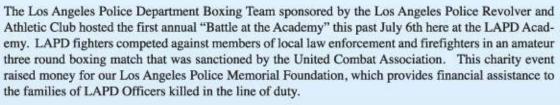
Only one missing from photo is Mike Ozaki(DVSD) Gold. Participants in photo are
-Tom Vigen(Retired) Gold/ Dee Braxton(Olympic) Gold/ Maricela Corral(S/W) Gold/ Deana Quesada(W/B) Silver/ Allison
Cate(Trng) Gold/ Ray Maltez(LAX) Silver/ Susie Gras (Rampart) Silver/ Patty Braendle(Rampart) Gold/ Kristina Tudor(S/W)
Gold/ Matt Okubo (Olympic)



Battle at the Academy: Great Fights for a great cause.

Randy Yang







The fight card consisted of 9 total bouts. In the second bout Welterweight Ray Encinas (LAPD) won by a unanimous decision by staying busy and delivering much more solid punches over his opponent. Next up featured junior Middleweight Eddie Montano (LAPD) who took on a more experienced and higher ranking fighter from the Santa Monica Fire Department. Both fighters were busy for the entire three rounds however Montano lost a close fight by a split decision.



In bout #4 LAPD's Brendy Ponce really lit up the home crowd with his very powerful punches. Fighting now as a light Heavyweight, Ponce took it to his opponent from the US Marshall's Office early and often. The fight went into the 3rd round with a clear advantage for Ponce but he did not wait for the judge' decision as he TKO'd his rival in the final round. Ponce is developing a reputation in the United Combat Association as a fearless fighter with very heavy hands. Next up was the super Middleweight class featuring LAPD's Aurelio Vasquez. He had to go against a Police Olympics former gold medal winner and higher ranked opponent from the Pasadena Police Department. Action filled fight Vasquez brought the fight to his opponent and gained a well deserving decision. A novice fighter who picked up the sport 18 months ago, Vasquez has quite a future and upped his record to an impressive 3-0.



The #1 light Heavyweight in the UCA is Mike Barragan from 77th Division. He showed why he is ranked #1 and used his superior skill and experience to gain the decision in the sixth bout of the day. Our Heavyweight (Bert Castaneda LAPD) was next up and was coming off a 1st round KO victory against the NYPD. It looked like he was going to do it again as he rocked his opponent and sent him to the canvas in the first round. However he recovered and the two exchanged punches for the entire bout with Castaneda earning the decision.



The final two bouts were some of the best. Chuck Wampler from Newton Division got the toughest draw of the card fighting the #1 ranked opponent from the Big Bear Fire Department. Although Wampler has had far fewer fights and experience he stayed in the bout with tenacity and an unbelievable motor. 3 solid rounds later Wampler gave the fans a great fight but lost the decision to the more experienced fighter. The final bout featured Welterweight Miguel Mejia who took on a San Bernandino Deputy Sheriff. Both fighters were evenly matched and brought a flury of punches as neither fighter took a step backward during the entire fight. In the end the SBSD got the judges decision however with the action and drive of the fighters, this bout was awarded the fight of the night and nominated to be the fight of the year by the United Combat Association.

The LAPD Boxing Team has been at the forefront for over 20 years developing upcoming fighters and competing for the purpose of raising funds to needing charities. A fight card at a location rich in tradition on their home turf took several months to develop and the event was a success for the fighters and the hundreds of fight fans and families who came out on a hot Saturday to support the fighters and the cause.







HOURS: MONDAY - FRIDAY 7:30 AM TO 5:00 PM 323,221,5222 X-231



GIFT & UNIFORM SHOP



"Future LAPD Police Officer Crib to Stroller Blanket

\$59.99



LAPD 3/4 Zip Fleece Sweater grey/white

\$49.95

B2V Plush Bear

\$15.00



LAPD T-Shirt Granite/navy blue

\$15.95





"Stolen From LAPD"

\$8.99

Enter
LAPRAAC'S
Uarter
Drawing

DETAILS

LAPD "Vintage" soft t-shirt

\$15.95



LAPD Youth Cap

\$15.95



LAPD K-9 t-shirt black

\$15.95



LAPD Plush keychain

\$4.95



LAPD "Fast Break" navy shorts

\$32.95

To Participate In The LAPRAAC Quarterly Drawing Fill Out This Coupon, Bring It To Any One Of The LAPRAAC Retail Stores (Gun Shop, Gift/Uniform Shop or LAPRAAC West) And Give It To One Of Our Friendly Staff Members.

(Must Be A LAPRAAC Member To Win—One Coupon Per Member)

Name:_____ Email:____

GUN STORE

MONDAY - FRIDAY 7:30 AM TO 5:00 PM 323.221.5222 X-208



LAPRAAC

1880 NORTH ACADEMY DRIVE LOS ANGELES, CA 90012

> LOCATED INSIDE THE ELYSIAN PARK TRAINING FACILITY















\$1299.99 LE6940/CA



\$26.99 Magazine





\$29.99

PMAG 30 Rd.

TACTICAL SERIES

\$8.99

Larry Light by NEBO

511 Knife

60 Lumens by 8 Power White LEDs





\$27.99

0286BKS-B

D & K Badge Wallets for Family \$25,99

LOW PRICE GUARANTEE FOR LAPRAAC MEMBERS*





CONGRATULATIONS TO LAPRAAC'S UNIFORM SALES PRIZE WINNERS

Polo Shirt Winners

Luz Bednarchik Robert Lona Craig Valenzuela Danny Jones

Chris Yamate Joe Chavez

Uniform Set Winners

Ray Martinez Natalie Whisenton Daniel Randolph Joe Russell

Patty Peteque Michael Stainekor

Thomas McLaughlin Tatiana Bohorquez

Grand Prize Samsung Tablet

David Calderon