Photos by Andy Millett



LAPRAAC

CLUB NEWS



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The Los Angeles Police Revolver and Athletic Club is a private club established more than 80 years ago by Los Angeles Police Officers as a training facility. LAPRAAC, located at the Los Angeles Police Elysian Park Academy, is full of Los Angeles Police Department history and is the social outlet and fitness arm of the LAPD. LAPRAAC is governed by a Board of Directors comprised of sworn police officers elected by the membership.

LAPRAAC Board of Directors

| John Incontro, President | (213) | 972-2436 |
|-------------------------------|-------|----------|
| Ruben Holguin, Vice President | (213) | 486-7220 |
| Kathy Meek, Treasurer | (213) | 804-9369 |
| Martee Miyakawa, Secretary | (213) | 847-4272 |
| Jeff Bert | (213) | 804-3861 |
| Brenda Crump | (661) | 406-6355 |
| Steve Estrada | (213) | 972-7958 |
| Ivan Ramos | (213) | 972-2420 |
| Rick Santos | (714) | 313-0048 |
| Victor Su'apa'ia | (805) | 368-6659 |
| Kristina Tudor | (760) | 662-3948 |

LAPRAAC operates the LAPRAAC Stores (Westchester and Elysian Park) including the Gift Shop, Gun Shop, and Uniform Shop; Café and Catering Service; and, Rock Garden & Lounge. Its athletic and recreational workout facilities are open 24-hours a day and include: weight room, swimming pool, locker rooms and showers, steam bath, tennis court, racquetball and handball courts, gymnasium and athletic field. LAPRAAC participates in 52 different sports throughout the year, including the Annual United States Police & Fire Championships and the bi-yearly World Police & Fire Games, and sponsors two annual athletic events; Baker to Vegas Challenge Cup Relay; and the Police Memorial Relay Race.

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Email Addresses:

General Manager: rcrane@lapraac.com

Retail Operations Manager: drhoades@lapraac.com

Member Services Coordinator: bginn@lapraac.com

Athletic Director: droman@lapraac.com

LAPRAAC Directors Committee Assignments

ADMINISTRATIVE

Ruben Holguin, Chair

MEMBERSHIP

Jeff Bert, Chair

FINANCE

Kathy Meek, Chair

ATHLETICS

Martee Miyakawa, Chair

SHOOTING ACTIVITIES

Steve Estrada, Chair

PROJECTS

Currently Vacant, Chair

BY-LAWS

Ivan Ramos, Chair

LEGAL

Brenda Crump, Chair

FIREARMS AUDIT & COMPLIANCE

Kathy Meek, Chair

BAKER TO VEGAS

Ruben Holguin, Chair

MEMORIAL RUN

Ivan Ramos, Chair

GENERAL INFORMATION

Hours

| Gun Shop | . Mon-Fri 7:30 am - 5:00 pm |
|---------------------|-----------------------------|
| Gift & Uniform Shop | . Mon-Fri 7:30 am - 5:00 pm |
| Admin Office | . Mon-Fri 8:00 am - 4:00 pm |
| LAPRAAC West | Mon-Fri 11:00 am - 3:00 pm |

| Important Phone Numbers | |
|------------------------------------|----------|
| LAPRAAC (Main)(323) 22 | 21-5222 |
| Gun Shop | Ext. 206 |
| Uniform & Gift Shop | Ext. 231 |
| Athletics | Ext. 225 |
| LAPRAAC Westchester (ARTC)(310) 64 | 19-5459 |

LAPRAAC CLUB NEWS · SUMMER 2015

Message from the President *John Incontro*



The summer is well upon us and I am sure you are enjoying time with your families and friends; getting out and enjoying all that we have available to us in Southern California. I want to congratulate all of our athletes who competed in the World Games in Virginia. Thank you for competing.

I want to give you all an update on a few items that your Board is working on for the Club. As you are aware the construction at the Academy is taking longer than expected and may not be finished until sometime in the fall of 2016 or beyond. The Board is currently requesting proposals from a variety of companies to operate the Cafe. We want to be ready to go when the Academy opens. You will see

some changes due to the construction upgrades that will make your dining experience better. It is the Board's goal to provide good food at good prices and a catering department that all of you will want to use for your special occasions.

We are also considering what to do with our property where the store and LAPRAAC offices have been temporarily placed. Many members have told us through our customer surveys and comments to the sales staff that having all of our merchandise in one location is convenient. That it has been a better way to provide you with the products you need and want. With that in mind the Board is considering our options for the property. Some of those options include building a multipurpose structure with the store, offices and a conference room available for meetings, classes or small gatherings. We also want to provide our sports teams with an area to display their awards and tell potential members about their team. If you have some ideas, let one of your directors know and we will add it to our plans.

Finally, as a Board we had a desire to save money for our members by using an online voting program. It was our belief that with the use of the internet, social media and our electronic life that it would be accepted by the members. Unfortunately, the online voting program was not a success, and a second election using the traditional mail-in ballot system was necessary. I would like to hear from you about what we can do in the future with the ballot process.

Enjoy the remainder of the summer and I look forward to serving you.

INSIDE THIS ISSUE

ATTENTION MEMBERS: Below are a few things we would like members to keep in mind.

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Swing-A-Thon7

LOST & FOUND: If you think you might have left something behind on the Police Academy grounds we might have it! Stop by the LAPRAAC Admin office between the hours of 8:00 am to 4:00 pm.

OPT-OUT FORM: If you DO NOT WISH to continue receiving the "LAPRAAC Newsletter" via hardcopy but would like to receive it electronically to your email address, please contact us at (323) 221-5222 Ext. 202 or bginn@lapraac.com

MEMBER SERVICES: We are here to serve you. Please feel to contact us with any questions, comments or ideas! • (323) 221-5222 Ext. 202 or bginn@lapraac.com

www.lapraac.com

LAPD MERCHANDISE: Shop online: www.thelapara.com

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Message from the General Manager *Ruben Crane*



Board of Directors Elections Results - Each year LAPRAAC holds its annual Board of Director Elections. This year three of the eleven positions were up for grabs. After the final votes were tallied by a third party election company (Martin & Chapman), the results were decided with the positions going to Incumbent Steve Estrada & Rick Santos and new Director Kristina Tudor. At the next Board of Director's meeting, the Directors will then nominate and vote on who will be the Officers of the company. Below is a list of the 2015/2016 LAPRAAC Board of Directors

John Incontro Ruben Holguin Martee Miyakawa Kathy Meek Victor Su'apa'ia Steve Estrada Ivan Ramos Brenda Crump Rick Santos Jeff Bert Kristina Tudor

Construction Update – I was recently informed that the original estimated completion date of July 1, 2016 has been pushed back to fall of 2016. Although that is an unwanted delay, progress has happened. As of July 1st, 2015, the Bonus Range was completed and opened for business. Qualifications have started taking place on the newly renovated range.

Biathlon Team 2015 United States Police & Fire Championships



Once again, the LAPD Biathlon Team answered the challenge to compete in the 2015 United States Police & Fire Championships down in the border city, San Diego. The biathlon event proves both challenging and practical for competitors in that running and shooting is involved. Competitors endure a total of three miles of running while shooting for accuracy. Each competitor must run one mile, shoot twelve rounds, run another mile, shoot twelve rounds and finish the last mile. The clock starts at the beginning of the run and ends when you cross the finish line. The shooting is conducted with your duty gun, at 25 yards, and your aim point is a strip of paper 4 inches wide and approximately 24 inches long. Hit the strip and there is no time penalty. Each miss off the 4 inch strip and 10 seconds will be added to your time. A miss off the target will be a 30 second penalty. In the end the penalties are added to your time and the competitor with the fastest time wins. Needless to say that foot speed and shooting accuracy is the name of the game. The LAPD Biathlon Team, sponsored by LAPRAAC, dominated this year's competition with seven medals awarded total.

Jose Pedroza, Pacific GED - Gold - Lily Vizcarra, Metro - Gold - Team: Jose Pedroza & Bryan Dameworth - Gold Unisex Team: Lily Vizcarra & Bryan Dameworth - Gold

Bryan Dameworth, Metro - Silver - Team: Gary Koba & Brian Owen-Silver

Gary Koba, Metro - Bronze www.lapraac.com



Member BENEFIT\$



You Deserve It All... Get Member Benefits

Being a Los Angeles Police Federal Credit Union member gets you great rates on savings and loans, plus lower fees. Now, *get even more* with **Member Benefits**SM!

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LAPFCU rewards those who make the most out of their membership! For full Member Benefits details, visit **lapfcu.org** or call **877-MY-LAPFCU** (877-695-2732).

'APR= Annual Percentage Rate. The following loan types are excluded from Member Benefits rate reductions. Real estate loans, mobile home, unsecured lines of credit, credit cards, share loans and share certificate loans. ²APY = Annual Percentage Yield. Consult your tax advisor as to which IRA would suit your specific situation. \$5.00 (five dollars) minimum deposit to open. \$500 minimum deposit to earn bonus. Early withdrawal penalties may apply. ²Up to \$10 in service fee reimbursements can be applied to one transaction a month. Visit lapfou.org for complete list of reimbursements. ⁴LD. Enforcer is not insured by the NCUA or any other government agency, is not Credit Union guaranteed, is not a deposit, and is not a condition to any banking service or activity. I.D. Enforcer is a service provided by Identity 1911, LIC ("IDT911"). IDT911 may modify or improve any part of the service at any time and without prior notice. This service is not a credit counseling service and does not promise to help you obtain a loan or improve your credit cord, history or rating. Free one-year subscription is valid for the I.D. Enforcer Silver package only; subscription upgrades not permitted. Restrictions apply, see FAQs or ask for complete details. For additional information, visit lapfou.org/fidenforcer. 0715-24











Messsage from the Athletic Director

Danny Roman



On May 26th, 2015 the US Police & Fire Games were held in San Diego. In attendance were nearly 200 Los Angeles Police Officers competing in various sporting competitions. LAPRAAC members both active and retires were in attendance and brought home numerous medals. There are too many medal winners to list in this article; however you can go to www.uspc.org to review the results. Congratulations to all who participated and all of the medal winners.

On June 16th, 2015 LAPRAAC held its annual "Red Davis" Softball tournament. This year a total of 38 teams participated in both the "Larry Moore "B" and "Red Davis A" brackets.

Last years winners of the "B" bracket, Pacific Division, was moved up to the "A" bracket after winning the Champion game last year at Dodger Stadium. Pacific started out strong this year not losing any games in the first round. Pacific met Hollenbeck Division on day two of the tournament at "Big League Dreams" in West Covina. Hollenbeck gave Pacific a great competitive game; however, they needed to double dip Pacific in order to win the tournament. Pacific prevailed and won their second championship in two years.

The "B" bracket was won by Valley Traffic Division. This team was a mixture of veterans and young players. Great Job!!

On August 19th, 2015, The Basketball Team Captain's meeting will be held at the Elysian Park Academy at 12:00 Noon. The meeting will be held in the Conference Room. Please have a representative from your Division attend; email droman@lapraac.com to confirm your attendance.

Remember to send LAPRAAC photos of your events, athletic or other events to droman@lapraac.com.





61st Annual Sports Awards Banquet

LOCATION - TBD Thursday, November 19, 2015



ATTENTION TEAMS:
SUBMIT YOUR NOMINATIONS FOR THE
2014/2015 SPORTS PROGRAM
CONTACT THE LAPRAAC ATHLETIC OFFICE
323-221-5222 X228 OR X219



LAPRAAC CLUB NEWS · SUMMER 2015

2015 LAPD Baseball Swing-A-Thon By LAPD Centurions Baseball Team



LAPD Baseball Team members put down their guns and batons, and picked up their bats and hats to bring joy to over 700 kids at their annual Swing-A-Thon event held at El Cariso Community Regional Park in Sylmar. Billed as America's greatest youth baseball event, the Swing-A-Thon featured a 128 year rivalry game between the LAPD Centurions and the LASD Hooks. LAPD Centurions Football Team and the LAPD Soccer Team both joined the LAPD Baseball Team to put on consecutive skills clinics for all the youth in attendance. The event also featured a rock climbing wall, extreme obstacle courses, public safety displays with helicopters from the LAPD and LASD, community booths, equestrian, hula hoop, dance contests, and raffles for Dodger tickets, bicycles, and other prizes. At noon officers from the baseball team stood with hundreds of kids on the baseball field to recite the "Just Say No" pledge and a promise to respect their parents, teachers, and themselves.

Besides the Swing-A-Thon the Centurions have had a busy 2015 season, with trips to San Diego for the Police and Fire Championships, Virginia for the World Games, Las Vegas for the Nevada games, and coming up September 08 thru September 12, for the very first time in Los Angeles, the 2015 Wild Wild West LAPD Baseball Invitational! Police and Fire baseball teams from South Korea, New York, San Francisco, Las Vegas, Orange County and LA County will attend this extremely competitive tournament.

LAPD Baseball Team is always seeking talented new players to join their team. For more information call team manager Officer Michael Scott at 818-456-6416, or log on to www.lapdbaseballteam.com

HOURS: MONDAY - FRIDAY 7:30 AM TO 5:00 PM 323.221.5222 X-231



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\$23,40

To Participate In The LAPRAAC Quarterly Drawing Fill Out This Coupon, Bring It To Any One Of The LAPRAAC Retail Stores (Gun Shop, Gift/Uniform Shop or LAPRAAC West) And Give It To One Of Our Friendly Staff Members.

(Must Be A LAPRAAC Member To Win—One Coupon Per Member)

Name:

Phone:

Email:_

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LAPRAAC

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