



# LAPRAAC

## *CLUB NEWS*

WINTER 2016  
[www.lapraac.com](http://www.lapraac.com)

# PAST-PRESENT-FUTURE





The Los Angeles Police Revolver and Athletic Club is a private club established more than 80 years ago by Los Angeles Police Officers as a training facility. LAPRAAC, located at the Los Angeles Police Elysian Park Academy, is full of Los Angeles Police Department history and is the social outlet and fitness arm of the LAPD. LAPRAAC is governed by a Board of Directors comprised of sworn police officers elected by the membership.

### LAPRAAC Board of Directors

John Incontro, President ..... (213) 972-2436  
 Martee Miyakawa, Vice President .... (213) 847-4272  
 Kathy Meek, Treasurer..... (213) 804-9369  
 Victor Su'apa'ia, Secretary ..... (805) 368-6659  
 Jeff Bert..... (213) 804-3861  
 Brenda Crump..... (661) 406-6355  
 Steve Estrada..... (213) 972-7958  
 Ruben Holguin ..... (213) 486-7220  
 Ivan Ramos ..... (213) 972-2420  
 Rick Santos ..... (714) 313-0048  
 Kristina Tudor..... (760) 662-3948

LAPRAAC operates the LAPRAAC Stores (Westchester and Elysian Park) including the Gift Shop, Gun Shop, and Uniform Shop; Café and Catering Service; and, Rock Garden & Lounge. Its athletic and recreational workout facilities are open 24-hours a day and include: weight room, swimming pool, locker rooms and showers, steam bath, tennis court, racquetball and handball courts, gymnasium and athletic field. LAPRAAC participates in 52 different sports throughout the year, including the Annual United States Police & Fire Championships and the bi-yearly World Police & Fire Games, and sponsors two annual athletic events; Baker to Vegas Challenge Cup Relay; and the Police Memorial Relay Race.

LAPRAAC Club News is published by the Los Angeles Police Revolver and Athletic Club. All rights reserved.

#### Email Addresses:

General Manager: [rcrane@lapraac.com](mailto:rcrane@lapraac.com)

Retail Operations Manager: [drhoades@lapraac.com](mailto:drhoades@lapraac.com)

Member Services Coordinator: [bginn@lapraac.com](mailto:bginn@lapraac.com)

Athletic Director: [droman@lapraac.com](mailto:droman@lapraac.com)

## LAPRAAC Directors Committee Assignments

### ADMINISTRATIVE

Martee Miyakawa, Chair

### MEMBERSHIP

Victor Su'apa'ia, Chair

### FINANCE

Kathy Meek, Chair

### ATHLETICS

Ruben Holguin, Chair

### SHOOTING ACTIVITIES

Steve Estrada, Chair

### PROJECTS

Jeff Bert, Chair

### BY-LAWS

Ivan Ramos, Chair

### LEGAL

Rick Santos, Chair

### FIREARMS AUDIT & COMPLIANCE

Steve Estrada, Chair

### BAKER TO VEGAS

Ruben Holguin, Chair

## GENERAL INFORMATION

### Hours

Gun Shop ..... Mon-Fri 7:30 am - 5:00 pm  
 Gift & Uniform Shop ..... Mon-Fri 7:30 am - 5:00 pm  
 Admin Office..... Mon-Fri 8:00 am - 4:00 pm  
 LAPRAAC West ..... Mon-Fri 11:00 am - 3:00 pm

### Important Phone Numbers

LAPRAAC (Main) ..... (323) 221-5222  
 Gun Shop ..... Ext. 206  
 Uniform & Gift Shop ..... Ext. 231  
 Athletics ..... Ext. 228  
 LAPRAAC Westchester (ARTC) ..... (310) 649-5459

## Message from the President

### John Incontro



Since the last newsletter the LAPRAAC Board and the LAPRAAC staff have been busy completing plans for the Baker to Vegas Race, setting up the Memorial Race, and preparing for the opening of the Elysian Park Academy. We are seeing progress on the construction of the Academy and are looking forward to seeing the results.

Our B2V Race organizer, Chuck Foote, has been working tirelessly to finalize the race, making sure we have a competitive and safe event. The planning for 2016 began shortly after we all returned from last year's race. We had a race debrief to determine how we can improve and started all over. This is not unlike planning for a major event and creating an Event Action Plan for the race. The Board also takes a look at available locations in Las Vegas. Our relationship with the Westgate Las Vegas Resort & Casino, going back to when it was the Las Vegas Hilton Hotel, has been exceptional. Since last year the Westgate has continued to make some nice improvements on their interior and exterior. The new spa and fitness center next to the renovated pool will be an exciting draw to all who stay at the hotel.

Our Athletic Committee has selected Dockweiler Beach for the 2016 Memorial Relay on June 4, 2016. PLEASE MARK THIS DATE ON YOUR CALENDAR AND MAKE PLANS FOR YOU, YOUR FAMILY AND FRIENDS TO ATTEND. This is an event that LAPRAAC and the Department will be proud of as we recognize the officers who have made the ultimate sacrifice. The kids' fun run and an open race are still in the plans. Consideration is being made to bring back the team relay competition in addition to the popular Platoon Run. This event is for the memory of our partners and friends who are on the wall.

While we are thinking of our fallen officers I would encourage all of our members to support the Police Unity Tour and our local chapter, the Southern California Police Unity Tour (SOCALPUT). The primary purpose of the Police Unity Tour is to raise awareness of the Police Officers who have died in the line of duty. The secondary purpose is to raise funds for the National Law Enforcement Officers Memorial (NLEOM). Those involved with the SOCALPUT will ride their bicycles 225 miles, from Somerset New Jersey on May 9th, 2016 to the NLEOM in Washington DC on May 12, 2016. The riders' motto "We ride for those who died," keeps them going on this demanding ride. That motto is not enough for SOCALPUT to support the Memorial - they need our support through donations. I urge all of you to go to [www.socalput.org](http://www.socalput.org) and donate to the organization or to an individual runner. I know you will see the name of a rider who was your partner, classmate or friend. Tell them thank you and donate to our National Memorial.

Finally, with the expectation that the Academy will open sometime this fall we are working to begin operations in the refurbished main building and open the Café. The Administrative and Projects Committees are working with our General Manager to find the right company to operate the Café and catering operations for LAPRAAC. We are looking forward to the improvements at the Academy so we can offer you the best in activities, programs and food service.

I wish you and your families all the best, but most of all, be safe out there.

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**ATTENTION MEMBERS:** Below are a few things we would like members to keep in mind.

**LOST & FOUND:** If you think you might have left something behind on the Police Academy grounds we might have it! Stop by the LAPRAAC Admin office between the hours of 8:00 am to 4:00 pm

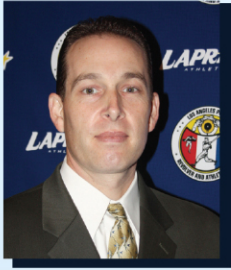
**OPT-OUT FORM:** If you DO NOT WISH to continue receiving the "LAPRAAC Newsletter" via hardcopy but would like to receive it electronically to your email address, please contact us at (323) 221-5222 Ext. 202 or [bginn@lapraac.com](mailto:bginn@lapraac.com)

**MEMBER SERVICES:** We are here to serve you. Please feel free to contact us with any questions, comments or ideas! • (323) 221-5222 Ext. 202 or [bginn@lapraac.com](mailto:bginn@lapraac.com)

**LAPD MERCHANDISE:** Shop online: [www.thelapara.com](http://www.thelapara.com)



## Message from the General Manager *Ruben Crane*



In the 2015 Winter issue of this newsletter I brought you an inside look of the construction project. It is now 1 year later so I wanted to give you a follow up with some new pictures. As you will see there is still a lot of work to be done, but they are now anticipating a Summer 2016 completion date.

Although it appears that not much has been done in some areas, other areas have seen vast improvement. Unfortunately, many of those areas are not visible to the camera. Plumbing, electrical as well as other key infrastructure is underground, in the walls or hiding in the ceilings. But there are some key features that are well underway such as the new elevator, drywall in the main hallway, new display cabinets for the sports teams to name just a few. A/C ducts are popping up all over including places they have never been before, like in the basketball gym.

When the very beginnings of this project first began, years ago, it seemed so far away. I remember back in 2012 sitting in the planning meetings thinking this may never happen. But now we have come so close to the finish. We are actually in the year it is scheduled to be completed. Exciting times!







# LOS ANGELES POLICE REVOLVER AND ATHLETIC CLUB

PO BOX 861148, Los Angeles, CA 90086-1148  
Telephone 323-221-5222 • Fax 323-222-5949

John Incontro  
President

February 15, 2016

Martee Miyakawa  
Vice President

TO: All LAPRAAC Members

Kathy Meek  
Treasurer

FROM: Secretary, Board of Directors  
Los Angeles Police Revolver and Athletic Club

Vic Su'apa'ia  
Secretary

SUBJECT: ANNUAL MEETING AND NOMINATION OF CANDIDATES  
FOR BOARD OF DIRECTORS, LOS ANGELES POLICE  
REVOLVER AND ATHLETIC CLUB

Jeff Bert  
Director

The Annual Meeting for the Los Angeles Police Revolver and Athletic Club will be held on Thursday, April 28, 2016, at 1100 hours, in the LAPRAAC Conference Room, at the Los Angeles Police Academy, Elysian Park. The Board of Directors will update the membership of last year's operation and nominations will be accepted for four expiring positions.

Brenda Crump  
Director

Steve Estrada  
Director

LAPRAAC members seeking to run for office and wish to be nominated **must be** present at the Annual Meeting. If he or she is not able to attend the meeting, then **prior to** the Annual Meeting, the prospective member who wishes to run can provide an absentee nomination petition with his or her name on it and signed by three active LAPRAAC members.

Ruben Holguin  
Director

Ivan Ramos  
Director

Once nominated, a computer graphic photograph of the nominee, and a written description of the nominee's objectives and qualifications, not to exceed 500 words, shall be submitted to the Election Committee no later than 3:00 pm, Wednesday, May 4, 2016.

Rick Santos  
Director

For more information contact Barbara Ginn at 323-221-5222 ext. 202.

Kristina Tudor  
Director

A handwritten signature in black ink, appearing to be "Vic Su'apa'ia".

Vic Su'apa'ia, Secretary  
Board of Directors  
LAPRAAC



61st ANNUAL SPORTS AWARDS RECIPIENTS

The 61st Annual Sports Awards Banquet was held at the Globe Theater in Universal Studios on November 19, 2015, honoring award recipients from the 2014 & 2015 sports seasons. Those who were honored this year are:

2014 Hall of Fame Inductee  
2014 Hall of Fame inductee  
2014 Brass Award  
2015 Brass Award  
2014 Barry Greenberg Award  
2015 Barry Greenberg Award  
2014 Chief's Award  
2015 Chief's Award  
2014 LAPRAAC Trophy  
2015 LAPRAAC Trophy  
2014 Nancy Dyer Sportsperson of the Year  
2014 Nancy Dyer Sportsperson of the Year  
2015 Nancy Dyer Sportsperson of the Year  
2014 & 2015 Bob Burke Trophy  
2014 Baker to Vegas Award  
2015 Baker to Vegas Award  
2015 Thomas "Hoagy" Holguin Citizen of the Year  
2015 Thomas "Hoagy" Holguin Citizen of the Year  
2014 ID Coach & Player of the Year  
2015 Coach of the Year  
2015 ID Player of the Year  
2014 Grand Master Athlete of the Year – Male  
2014 Grand Master Athlete of the Year – Female  
2015 Grand Master Athlete of the Year – Male  
2014 Daryl F. Gates Master Athlete of the Year - Male  
2014 Daryl F. Gates Master Athlete of the Year - Female  
2015 Daryl F. Gates Master Athlete of the Year – Male  
2015 Daryl F. Gates Master Athlete of the Year - Female  
2014 Senior Athlete of the Year – Male  
2014 Senior Athlete of the Year – Female  
2015 Senior Athlete of the Year – Male  
2015 Senior Athlete of the Year – Female

Todd Rheingold  
Tom Jones  
Kathy Meek  
Michel Moore  
Steve Getzoff  
Los Angeles Police Emerald Society  
2014 LAPD Centurions Baseball Team  
Pistol Team #2  
Brendy Ponce  
2015 LAPD Centurions Baseball Team  
Natalie Plascensia  
Harry Davis  
Tim Colomey  
Southeast Area  
Olympic Area  
Southeast Area  
Steve Ethier  
Sam Messina  
Scott Burkett  
Fred Cueto  
Trevor Shultz  
Andrew Castro  
Brenda Crump  
Greg DeWitt  
William Sexton  
Heather Kowalczyk  
Jonathan Pultz  
Tracye Fields  
Miguel Barragan  
Dee Braxton  
Matthew Jordan  
Sandra Sanchez

2014 Open Athlete of the Year – Male  
2014 Open Athlete of the Year – Female  
2015 Open Athlete of the Year – Male  
2015 Open Athlete of the Year – Female  
2014 ID "B" Flight Softball Champions  
2015 ID "B" Flight Softball Champions  
2014 ID "A" Flight Softball Champions  
2015 ID "A" Flight Softball Champions  
2014 ID Flag Football Champions  
2014 ID Spring Pump & Run Champions  
2014 ID "D" League Basketball Champions  
2015 ID "D" League Basketball Champions  
2014 ID "C North" League Basketball Champions  
2015 ID "C North" League Basketball Champions  
2014 ID "C South" League Basketball Champions  
2015 ID "C South" League Basketball Champions  
2014 ID "B" League Basketball Champions  
2015 ID "B" League Basketball Champions  
2014 & 2015 ID "A" League Basketball Champions  
2014 & 2015 Golf Club Champion  
2014 Golf "A" Flight Champion  
2015 Golf "A" Flight Champion  
2014 Golf "B" Flight Champion  
2015 Golf "B" Flight Champion  
2014 Golf "C" Flight Champion  
2015 Golf "C" Flight Champion  
2014 Golf Gross Score Winner  
2015 Golf Gross Score Winner  
2014 Golf Net Flight Champions  
2015 Golf Net Flight Champions

Bryan Pagliassotto  
Heather Herrera  
Tim Southard  
Tiffany Wright  
Pacific Area  
Valley Traffic Division  
Southeast Area  
Pacific Area  
Southwest Area  
Wilshire Area  
Wilshire Area (Perry Jones)  
CTD (Javier Montenegro)  
Southeast Area (Ruben Gonzales)  
Pacific Area (Joe Cruz)  
Devonshire/Mission  
Newton Area (Mauricio Ruiz)  
  
USC (Ed Palmer)  
Training Division (Jelani Janisse)  
Trevor Schultz  
Mike Hal  
Thomas Holzer  
Vikram Walia  
Donald Walthers  
Jim Sanchez  
Andrew Neiman  
Van Nuys (Damian Gutierrez)  
FID (James Antenucci)  
Foothill (Stephen Gomez)  
Retired Team (Gary Fullerton.Gary Hallden)





## 2nd Annual Tom Gandara Racquetball Tournament

### *Danny Roman*

On December 5th, 2015 the 2nd Annual “Tom Gandara” Racquetball Tournament took place at the Glendale YMCA. Several officers took part in this annual event including Sergeant Tom Gandara’s three children; Paul, Jonathan, and Thomas Gandara. Also in attendance were Tom’s sisters Kathy and Christina Gandara.

The tournament was a huge success with several officers participating. The “A” category winner was Police Officer Marco Mendoza from Mission Area. Other participants in this category were Sergeant Marc Archuleta, Police Officers Isaac Fernandez, and Detective Eric Solter.

The “C” category winner was Detective Juan Contreras from Hollenbeck Area. Second Place went to LAPRAAC Athletic Director Danny Roman while Sergeant Brian Owen took 3rd place. Runners up in this category were Police Officers Jonathan and Paul Gandara and Detective Thomas Gandara also participant in their “Dads” Memorial Tournament.

Congratulations to all of participants.....





# BLUEPRINT FOR RETIREMENT

*Map Out Your Financial Future!*



Los Angeles Police Federal Credit Union has the resources to help you get the most out of your savings for the future!

- Retirement accounts: IRAs, Roth IRAs and Share Certificates
- Plus, **get an additional 0.25% APY dividend bonus<sup>1</sup> on your Share or IRA Certificates with Member Benefits<sup>SM</sup>**
- In-house financial planning and investment resources with CUSO Financial Services, L.P.<sup>2</sup>

For more details or to contact a qualified financial investment planner, visit **lapfcu.org** or call **877-MY-LAPFCU** (877-695-2732).

**LOS ANGELES  
POLICE  
FEDERAL CREDIT UNION**

 **CUSO FINANCIAL  
SERVICES, LP**  
MEMBER FINRA/SIPC

<sup>1</sup>APY = Annual Percentage Yield. Member Benefits is available to all LAPFCU members in good standing who qualify. Member must fulfill Member Benefit Program requirements in order to receive incentives. Consult your tax advisor as to which IRA would suit your specific situation. \$5.00 (five dollars) minimum deposit to open. \$500 minimum deposit to earn bonus. Early withdrawal penalties may apply. Program subject to change or cancellation at any time and restrictions may apply. Ask for details. 1215-37

<sup>2</sup>Non-deposit investment products and services are offered through CUSO Financial Services, L.P. ("CFS"), a registered broker-dealer (Member FINRA/SIPC) and SEC Registered Investment Advisor. Products offered through CFS: are not NCUA/NCUSIF or otherwise federally insured, are not guarantees or obligations of the Credit Union, and may involve investment risk including possible loss of principal. Investment Representatives are registered through CFS. Los Angeles Police Federal Credit Union has contracted with CFS to make non-deposit investment products and services available to credit union members.

**ASI** American  
Share  
Insurance  
**Your deposits are privately insured  
up to an additional \$250,000.**

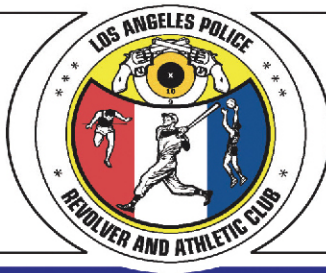
Your savings federally insured to at least \$250,000  
and backed by the full faith and credit of the United States Government  
**NCUA**  
National Credit Union Administration, a U.S. Government Agency





# GUN STORE

**HOURS:**  
**MONDAY - FRIDAY**  
**7:30 AM TO 5:00 PM**  
**323.221.5222 X-206**



**LAPRAAC**  
**1855 ACADEMY DRIVE**  
**LOS ANGELES, CA 90012**  
 LOCATED IN THE ELYSIAN  
 PARK POLICE ACADEMY  
 (FORMERLY CLASSROOM #2)



**Taser X26P Holster**  
 available for both right & left hand

**\$28.79**



**TLR 1 HL**  
**Tactical Weapon Light**

**\$129.99**



**STREAMLIGHT**



**850 Lumens**



**Enforcer Gloves**  
 Sizes: S,M,L,XL

**\$19.99**



**STRONGSUIT™**  
 STRENGTH AT HAND

**Blueforce**  
**Victory Sling**



**\$35.99**



**Tactical Bonded**  
**45+P**  
**Model LE45T1**

**\$29.99**



**LC380 (w/laser)**  
 (UPC 736676032532 )

**\$199.99**



**42**  
**Fixed Sights**  
 (UPC UI4250202 )

**\$319.99**



**LOW**  
**GUARANTEE**  
**PRICE\***



**Smith & Wesson**

**\$549.99**

**M&P 9 PRO (5")**  
 (UPC 178010022188780109)



**36**  
**Fixed Sights**  
 (UPC PI3650202 )

**\$464.99**



**MAGPUL**

**PMAG Gen 2**  
**30 rd mags**  
**w/o window**

**\$14.40**



**DG-11 Switch**  
**for all Glocks**

**\$61.19**



**Pepper Spray**  
**Model 80381**

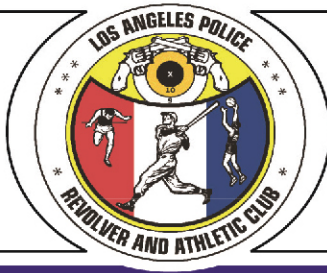
**\$8.99**



**LOW PRICE GUARANTEE FOR LAPRAAC MEMBERS\***



**HOURS:**  
**MONDAY - FRIDAY**  
**7:30 AM TO 5:00 PM**  
**323.221.5222 X-231**



# **GIFT & UNIFORM SHOP**

## **LAPD Weekly Planner**

**\$9.99**



## **Logo LAPD Chocolate Badge**

**\$2.80**



## **Pen w/grip**

**\$1.99**

## **LED Flashlight Keychain**

**\$3.99**



## **LAPD Travel Mug**

**\$11.99**

## **LAPD Navy Beanie**

**\$17.99**



## **K9 Stress Dog**

**\$4.25**

**Enter**  
**LAPRAAC'S**  
**Quarterly**  
**Drawing**  
**SEE BELOW FOR**  
**DETAILS**



## **Caravan Pocket Knife**

**\$4.99**



## **LAPD Carabiner**

**\$1.50**



## **Eraser w/badge**

**\$1.10**

**To Participate In The LAPRAAC Quarterly Drawing Fill Out This Coupon, Bring It To Any One Of The LAPRAAC Retail Stores (Gun Shop, Gift/Uniform Shop or LAPRAAC West) And Give It To One Of Our Friendly Staff Members.**  
**(Must Be A LAPRAAC Member To Win—One Coupon Per Member)**

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**GIFT SHOP - UNIFORM SHOP - TAILOR**

**Gift Cards Available**





## **LAPRAAC CLUB NEWS**

Los Angeles Police Revolver & Athletic Club  
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