

## LAPRAAC INTRA-DEPARTMENTAL BASKETBALL RULES

Location of Games: Elysian Park Academy Gym  
Amended Basketball Team Rules and Eligibility for 2022-2023  
By LAPRAAC Athletic Director Laura Armenian

Participants must be sworn members of the Department and current members of the Los Angeles Police Revolver and Athletic Club (LAPRAAC). Membership will be checked against current records. Teams will be notified if players are ineligible due to membership requirements and will have one week to have the player join LAPRAAC. A player must play for the "Division" he or she is currently working. Players without numbered jerseys will be required to wear LAPRAAC- issued pinnies to ensure that each player has a number front and back.

### Four Leagues:

- Al Nelson ("A League")
  - A League is the most competitive division.
  - The winner of the A tournament will be awarded the Department Championship title.
  - Open teams can be made up of LAPRAAC members from any division and must remain with the team from start to finish of season.
  - Divisional teams are allowed in the A League, but must comprise of players who work at the division they are representing (allowed two outsiders).
  - Bureau teams are allowed in the A League (no outsiders allowed).
- Bill Ellis ("B League")
  - B League is comprised of advanced teams.
  - 2 Outsiders (only 1 can be a Department Player); 2 Department Players max per team, including outsiders.
- Anita Ortega ("C League")
  - C League is comprised of mid-level intermediate teams.
  - 2 Outsiders; No Department Players.
- Danny Roberts ("D League")
  - D League is comprised of lower-level intermediate teams.
  - 2 Outsiders; No Department Players.
  - A minimum age requirement of 40 years-old shall apply to the team.
  - 2 players under 40 years-old are allowed, but they must be D-League caliber players (the Athletic Director has discretion to determine if a player is not at the D League level).

The Athletic Director reserves the right to reposition a team in a higher or lower level league.

Outsider – Refers to any player not assigned to your team division as of the start of DP 10, September 25th. Example: If your team name is Southeast, all of your player must show assigned to Southeast, as of DP (Deployment Period) 10's Department roster, otherwise that player will count as one of your outsiders.

Department Player – If you were on either LAPD Blue or Gold's teams within the past 3 years. A player may also be identified as a Department quality player at the Athletic Office's discretion.

The "Outsider Rule" shall not apply to the following teams:

- Command Staff – Will consists of players with the rank of Captain and above or LT's on the current captain's promotional list.
- Women's Team – Will consists of females from any division and a max of 2 males on their roster. All other A, B, C, D League rules apply.

Exceptions: If a player's division does not have a team, he/she may play for any other team.

Each team may pick up two players from an outside division, excluding merged teams. A merged team consists of two divisions combining to form one team (with prior approval from the Athletic Director), but that team cannot select two additional outside players from other divisions.

Note: Any probationer just out the academy who possesses exemplary basketball skills and begins play on a "C" division team may be assigned to a higher-level team (The Athletic Director has the discretion to determine who possesses exemplary basketball skills). It is the League's intent that departmental team players play in the A League.

If a player transfers from one division to another, he/she must play for the original team unless he/she is released in writing by that coach or captain (emails are sufficient if both teams are represented). A player is officially rostered and shall play for the division he/she is physically assigned on the final roster due date. The final roster due date is the first scheduled division game, in this case of this season, the week of September 26-30.

### Teams Rules

Each game will consist of 2 twenty minute halves (running time). Regulation “stop” time will be used in the final two minutes of the game. Overtime will consist of two minutes. 2nd OT- 1 minute. 3rd OT first to 4 points.

A team may start with 3 players to begin the game. If the 4th player doesn't arrive by halftime, the game may continue but it will be scored as a forfeit for the undermanned team. If a 4th player arrives at any time during play before halftime, the entire game can be played to completion without forfeit.

### Modified NCAA rules:

- The clock will stop in the final two minutes of the game, providing that the point spread is less than 12 points. If the point spread is 12 or more, the clock will not stop in the final two minutes of the game.
- Under one minute, clock will stop on made goal, provided that the point spread is 12 points and under, only.
- A thirty-second shot clock will be in effect the entire game.
- There will be “no defensive restrictions” for any divisional play.

### Timeouts

Two timeouts are allowed per half. No timeouts may be carried over to the second half. One extra timeout will be allotted for each team for overtime games. No timeouts will carry over in overtime.

### Tie Breakers

- If a tie for a division title occurs the team with the best head-to-head record will decide the tie.
- If a tie still exists after the head-to-head competition is evaluated, the team with the most total points in the head-to-head competition will be given the top seed.
- If this fails to break the tie, the total points for the entire season will be the final tie breaker.
- If a tie still exists at this time, the athletic director will determine a method to break the tie such as a coin flip.

### Bonus Shot

A team is in bonus if the opposing team has 7 fouls, and will be awarded one-and-one free-throw for fouls. A team is in double-bonus if the opposing team has 10 fouls and will be awarded two free throws for fouls.

## Protest

Protest will be in writing and reviewed by the Athletic Director.

## Unsportsmanlike Behavior

The goal of the league is to offer safe, enjoyable, and competitive activity.

Unprofessional and/or unsportsmanlike behavior will not be tolerated.

- Flagrant 1:
  - Any player using aggressive play that might/may cause injury to others, will first be given a verbal warning. A second Flagrant 1 foul will result in ejection.
- Flagrant 2:
  - If the player physically engages with a player(s) with the intent to cause injury, they will be automatically ejected from the game.

## Start Time/ Number of Players

A ten-minute grace period will be granted from the scheduled starting time, at the discretion of the game officials. Each team is required to field at least three players to start the game, and may complete the game with as little as one player, as long as the team has a chance to win.

## Game Cancellations/Rescheduling

Game cancellations and reschedules may occur based on department issues and unusual occurrences, but not personal inconvenience. It is imperative that team captains verify their game schedule. Game schedules are online at [www.quickscores.com/lapraac](http://www.quickscores.com/lapraac).

Rescheduled games must be made twenty-four hours prior to game time. Otherwise it counts as an automatic forfeit. All team captains will have the contact information of the Athletic Director and the Assistant Athletic Director, so there is no excuse for not making contact

For games that were appropriately canceled, the Athletic Director will reschedule them to the empty game slots at the end of the season. Each team may reschedule up to two times during the season, the third and on will be considered forfeits. Only two weeks of empty game slots will be provided.

Not having enough players is a valid excuse to request a game to be reschedule. Not having a specific player, however, is not a valid excuse. The Athletic Director will make all final decisions.

Emails will be sent to all team captains detailing any schedule changes.

## Schedule

- The games will be scheduled hourly, from 0800-1400. Games will consist of two twenty-minute halves.
- Pre-Season play will begin the week of September 19, 2022. Pre-Season will consist of scheduled and refed 20-minute games.
- League play will begin the week of September 20, 2021.

## Playoffs

- There will be a double-elimination playoff tournament for all 4 Leagues.
- Each League's final standings will determine tournament seeding.
- All playoff games will be played on the same day as the regular season per league.
- Any player that plays in the end-of-season playoff tournament, must have played a minimum of two (2) games with their tournament team and be listed on the official team roster.
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## Fees

League fees for the 2022-2023 are \$500.00 per team. Fees are due before the start of game 3, in the case of this season, the week of October 10, 2022. Until dues are paid, each game thereafter will be counted as a forfeit. Checks are to be made payable to LAPRAAC.

If a team plays the entire season (including playoffs) without forfeiting a single game, \$100 from their league fees will be reimbursed to them.

## Rosters

- No team will be added after the schedule is finalized, unless it is the League's best interest.
- All rosters must be submitted prior to the first game of the season to insure that all players are LAPRAAC members and eligible to play. In this case, initial rosters are due online by the week of September 26, 2022.
- Athletic staff will check club rosters and non-members will not be allowed to participate.
- A team may add an unlimited number of new players to its roster throughout the season, with Athletic Director approval. All roster additions must be submitted via email and approved by the Athletic Director. All roster additions must comply with all previously stated rules.
- The final roster freeze date (the date in which you can no longer make changes to the roster) is the Sunday prior to playoffs.

### Communication

- It will be especially important for team captains to monitor their emails, as this will be the primary method of communication.
- Team captains should also list their cell numbers, because the Athletic Department will make every effort to make personal contact when necessary.

### Miscellaneous

- If the ball sticks on the rim, a change of possession will occur.
- Slam Dunks are permitted, however if the players hang on the rim, it will be a technical foul.
- If a team drops out prior to their first game, the players can play for any other team in their assigned basketball division, as long as they fall under all team rules and guidelines.
- Players may play on teams in different leagues pursuant to their ability. If you have a question, contact the athletic staff. Players may participate on only one team per league to avoid conflict.

### Awards

Only first-place teams will receive awards at the annual sports Awards Banquet.